Roots



拍数: 32 墙数: 4 级数: Improver 编舞者: Roy Verdonk (NL) & Raymond Sarlemijn (NL) - July 2024

音乐: Roots - Calum Scott



Restart in wall: 2,6 and 9 after 16 counts.

Right Dorothy steps, left Dorothy step, touch RF forward, swivel right, and change, touch LF forward, swivel, weight on right.

- 1 RF step diagonal forward
 2 LF lock behind RF.
 & RF step right.
 3 LF step diagonal forward.
- 4 RF lock behind LF
- & LF step left.
- 5 RF touch forward.
- & Swivel both heels to the right.
- 6 Swivel both heels back to the middle.
- & RF next to LF.Touch forward.
- & Swivel both heels to the left.
- 8 Swivel both heels back to the middle, weight on RF.

LF step backwards, hold, RF rock backward, recover on LF, kickball step forward, hook behind LF, unwind ½ over right.

- 1 LF step backwards.
- 2 Hold.

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- 3 RF rock backwards.
 4 Recover weigh on LF.
 5 Kick RF forward.
 & RF next to LF.
 6 LF step forward.
- 8 Turn ½ over right, weight on LF.

RF hook behind LF.

Mambo right, kick RF forward, Mambo left, Walk RF, walk LF, Tripple step.

- 1 RF step right.
- & Recover weigh on LF.
- 2 RF kick forward.
- & RF next to LF.
- 3 LF step left.
- & Recover weight on RF
- 4 LF next to RF.
- 5 RF step forward.
- 6 LF step forward.
- 7 RF backwards LF.
- & recover weight on LF.

8 RF step backwards.

Turn ¼ left LF step to the left, touch RF right, ¼ turn right RF step forward, ¼ turn right LF step left, RF sailor step, LF coaster step

1 ¼ turn left, LF step left.

2	RF touch right.
3	¼ turn right, RF step forward.
4	¼ turn right, LF step left.
5	RF cross behind LF.
&	LF closes RF.
6	RF step right.
7	LF step backwards.
&	RF close LF.
8	LF step forward.