

Must Be Bulletproof

拍数: 32 墙数: 4 级数: Improver
编舞者: Sonny V. (DE) - July 2024
音乐: Bulletproof - Nate Smith
或: Bulletproof (feat. Avril Lavigne) - Nate Smith



Intro: 16 counts
*2 RESTARTS

[1-8] Walk, Walk, Tap, Heel Split, Ball, Cross, Side, Sailor 1/4 Left, Brush

1-2 R walk fwd. – L walk fwd.
3&4& R ball tap fwd. – swivel both heels out – swivel both heels in – R ball next to LF
5-6 L cross over R – R step right
7&8& L step behind R – 1/4 turn left step R out right (9:00) – step L out left – R toes brush from right to left/fwd.

*RESTART the dance here in wall 3 (3:00)

[9-16] Cross Rock, Recover, Monterey 1/4 Turn Right Tap, Step Left, 1/4 Turn Right, Cross, Side, Heel, Ball

1-2 R cross rock over L – recover on L
3&4& R point right – R close to L turning 1/4 right (12:00) – L point left – L tap next to R
5-6 L step left – 1/4 turn right R step right (3:00)
7&8& L cross over R – R step right – L heel tap out left – L ball next to R

*RESTART the dance here in wall 4 (6:00)

[17-24] Cross Chassé Left, Scissor Step, Reverse Rumba Box

1&2 R cross over L – L slightly left – R cross over L
3&4 L left – R close to L – L cross over left
5&6 R right – L close to R – R back
7&8 L left – R close to L – L fwd.

[25-32] Step 1/2 Turn Left Step, Step Lock Step, Mambo Step, Clap, Back, Clap, Back, Close

1&2 R step fwd. – 1/2 turn left step on L (9:00) – R step fwd.
3&4 L step fwd. – R lock behind L – L step fwd.
5&6& R rock fwd. – Recover on L – R step back – clap hands
7&8& L step back – clap hands – R step back – L close next to R

Ending: After wall 8 is finished you dance the first 2 steps of the choreo, cross and turn:

1-2 R walk fwd. – L walk fwd.
3-4 R cross over L – unwind 1/2 left and end up with a big smile to 12:00

Start again and have fun!

Your feedback is welcome on this channel or just mail to
s.vocke@gmx.net