

La Cintura (Remix)

COPPER KNOB
BYEPOSTETS

拍数: 32 墙数: 4 级数: High Improver
编舞者: Sawaludin (INA), Agus Harianto (INA) & Yanti SR (INA) - July 2024
音乐: La Cintura (feat. Flo Rida & TINI) (Remix) - Álvaro Soler



Intro : 16 C

****2 TAGS - 1 RESTART**

SEC I : CORTA JACA, BOTAFOGO, CORTA JACA, BOTAFOGO

1&2& Rock R heel forward (1), recover on L (&), rock R toe back (2), recover on L (&)
3 a 4 Cross R over L (3), Rock L to side (a), recover on R (4)
5&6& Rock L heel forward (5), recover on R (&), rock L toe back (6), recover on R (&)
7 a 8 Cross L over R (7), Rock R to side (a), recover on L (8) (12.00)

SEC II : CROSS, HOLD, SIDE, CROSS SHUFFLE, ¾ L VOLTA TURN

1-2& Cross R over L (1), hold (2), step L to side (&)
3&4 Cross R over L (3), step L to side (&), Cross R over L (4)
5a6a Step L forward (5), lock R behind L (a), ¼ turn Left step L forward (6), lock R behind L (a)
7a8 ¼ turn Left step L forward (7), lock R behind L (a), ¼ turn Left step L forward (8) (03.00)

***Restart here on wall 2**

SEC III : OPEN BOX, SAMBA WHISK (R-L)

1&2 Cross R over L (1), step L to side (&), cross R behind L with sweep L to back (2)
3&4 Cross L behind R (3), step R to side (&), cross L over R (4)
5a6 Step R to side (5), Rock Cross L behind R (a), recover on R (6)
7a8 Step L to side (7), Rock Cross R behind L (a), recover on L (8)

SEC IV : ROLLING VINE, CLOSE, SIDE SAMBA WALKS (R-L), CLOSE, POPPING CHEST

1&2 ¼ turn Right step R forward (1), ½ turn Right step L back (&), ¼ turn Right step R to side (2)
(03.00)
3a4 Step L next to R (3), Rock R to side (a), recover on L (4)
5a6 Step R next to L (5), Rock L to side (a), recover on R (6)
7&8& Step L next to R with popping chest out (7), popping chest in (a), popping chest out (8),
popping chest in (a)

***Restart on wall 2 after 16 C**

Tag : 4 counts after wall 4 & 6

SIDE, ROLLING HIP CCW

1 - 4 Step R to side (1), rolling hip counter clock wise 3 counts, weight on L (2-4)

Enjoy The Dance !

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