

# Fly Like a Bird AB

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Absolute Beginner  
编舞者: Shanthie De Mel (AUS) - July 2024  
音乐: Fly Like a Bird - Boz Scaggs



Intro: 32 count. Start on vocals. Left Rotation. No Tags or Restarts. Do your own styling.  
NOTE. The dance ends at 6:00. To finish facing 12:00, dance counts 31 & 32 of last wall as CROSS  
UNWIND L over R to face 12:00.

Split floor dance to the Intermediate dance – Fly Like a Bird by Hedy McAdams. USA. 2008.

## (1-8) SWAY RIGHT. SWAY LEFT. x2

1, 2      Step R to right side with a sway for 2 counts.  
3, 4      Sway to L in place for 2 counts.  
5, 6      Sway to R in place for 2 counts.  
7, 8      Sway to L in place for 2 counts keeping weight on L. (12:00)

## (9-16) KICK. STOMP. STOMP. HOLD. x2

1, 2      Kick R forward. Stomp on R.  
3, 4      Stomp L in place. Hold.  
5, 6      Kick R forward. Stomp on R.  
7, 8      Stomp L in place. Hold. (12:00)

## (17-24) CROSS. POINT. x4

1, 2      Cross R over L. Point L to left side.  
3, 4      Cross L over R. Point R to right side.  
5, 6      Cross R over L. Point L to left side.  
7, 8      Cross L over R. Point R to right side. (12:00)

## (25-32) FORWARD. HOLD. TURN 1/4 LEFT. HOLD. STEP. DRAG. STEP.

1, 2      Step R forward. Hold.  
3, 4      Turn 1/4 left on L. Hold. (9:00)  
5, 6      Make a big step to right side for 2 counts.  
7, 8      Drag L slowly towards R & step on L. (9:00)

Begin Rotation. Smile. Have fun!

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