

Leta Cha

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Phrased Improver
编舞者: Heru Tian (INA) - July 2024
音乐: Hi! Mrs Leta (嗨!Mrs Leta) - Phoenix Legend (鳳凰傳奇)



SOD : INTRO AABB AABB AAAA BBAA BBAA ENDING

Intro Dance (32C)

Section I1 : Side, Hold 3C, Double Hip Roll

1234 Step RF to R Side (1), Hold 3C (2-4)
5678 Roll hip anticlockwise twice (5-8)

Section I2 : Side, Hold 3C, Double Hip Roll

1234 Step LF to L Side (1), Hold 3C (2-4)
5678 Roll hip clockwise twice (5-8)

Section I3 : Fwd Touch, Hold 3C, Double Hip Roll

1234 Touch RF fwd (1), Hold 3C (2-4)
5678 Roll hip clockwise twice (5-8)

Section I4 : Together, Fwd Touch, Hold 3C, Double Hip Roll, Together

&1234 Step RF next to LF (&), Touch LF fwd (1), Hold 3C (2-4)
5678 Roll hip anticlockwise twice (5-8)
& Step LF Next to RF (&)

Part A (16C)

Section A1 : Rock Fwd, Back Lock Shuffle, Rock Back, Cross, 1/4L Back

1 2 Rock RF fwd (1), Recover on LF (2)
3&4 Step RF back (3), Lock LF over RF (&), Step RF back (4)
5678 Rock LF Back (5), Recover on RF (6), Cross LF over RF (7), 1/4L, Step RF back (8)

Section A2 : Back Lock Shuffle, Rock Back, Pivot 1/2L, Walks Fwd

1&2 Step LF back (1), Lock RF over LF (&), Step LF back (2)
3 4 Rock RF back (3), Recover on LF (4)
5678 Step RF fwd (5), Pivot 1/2L, Step LF in place (6), Walk RF fwd (7), Walk LF fwd (8)

Part B (16C)

Section B1 : Side Rock, Triple Steps in place, Side, Behind, Side Chasse

1 2 Rock RF to R Side (1), Recover on LF (2)
3&4 Step RF next to LF (3), Step LF in place (&), Step RF in place (4)
5 6 Step LF to L Side (5), Step RF behind LF (6)
7&8 Step LF to L Side (7), Step RF next to LF (&), Step LF to L Side (8)

Section B2 : Cross Rock, Ball, Cross Shuffle, 1/4L Back, Side, Kick Ball Change

1 2& Rock RF cross over LF (1), Recover on LF (2), Ball RF next to LF (&)
3&4 Cross LF over RF (3), Step RF to R Side (&), Cross LF over RF (4)
5 6 1/4L, Step RF Back (5), Step LF to L Side (6)
7&8 Kick RF fwd (7), Ball RF slightly behind LF (&), Step LF fwd (8)

Ending : Slow Prissy Walks, Cross, Unwind Full Turn L, Final Pose

1234 Walk RF fwd slightly cross (1), Hold (2), Walk LF fwd slightly cross (3), Hold (4)
5678 Cross RF over LF (5), Unwind full turn L over 3C (6-8)

Do your best final pose... Tada....

Enjoy the dance
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