

Hawk Two

拍数: 32 墙数: 4 级数: Improver
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音乐: Spirit Of The Hawk - HBz & Jamyx



Intro: 16 counts - 1 Tag - No Restarts

[1-8] Ball Touch x2 R, Ball Touch x2 L, Ball Touch R, Ball Touch L, Ball Rock Fwd

1 - 2& Ball touch R besides L (1), Ball touch R besides L (2), Step R besides L (&
3 - 4& Ball touch L besides R (3), Ball touch L besides R (4), Step L besides R (&
5&6& Ball touch R besides L, (5), Step R besides L (&), Ball touch L besides R (6), Step L besides
R (&
7 - 8 Ball rock R forward (7), Recover on L (8)

[OPTIONAL] Arm Styling on Walls 4, 5, 8 & 9: Extend opposite arm from foot and swing forward in a circular motion throughout counts 1 through 6

[9-16] ¼ turn right Side Shuffle, ½ turn right Side Shuffle, Cross Back Rock Recover, Side Behind

1&2 Step R to right side with ¼ turn right (1), Step L next to R (&), Step R to right side (2)
3&4 Step L to left side with ½ turn right (3), Step R next to L (&), Step L to left Side (4)
5 - 6 Rock R behind L (5), Recover on L (6)
7 - 8 Step R to right side (7), Step L behind R (8)

[OPTIONAL] Body Styling on Wall 3 and 7: Posture body down towards ground on count 5 to match lyric.

[17-24] Monterey ¼ turn Right, Monterey ½ turn Left, Touch Together, Slide Right, Touch Together

1 - 2 R side point (1), ¼ turn right with R stepping besides L (2)
3 - 4 L side point (3), ½ turn left with L stepping besides R (4)
5 - 6 R side point (5), Touch R next to L (6)
7 - 8 Big step R to right side (7), Touch L next to R (8)

[25-32] Vine Left, Scuff ¼ Turn Left, ½ Pivot left, Body Roll Fwd

1 - 2 Step L to left side (1), Step R behind L (2)
3 - 4 Step L to left side (3), Scuff R fwd with ¼ turn left (4)
5 - 6 Step R forward (5), ½ Pivot over left shoulder weight L (6)
7 - 8 Step R forward and start body roll (7), Finish body roll weight on L (8)

[TAG] 4 Counts - End of Wall 5 - Ball Cross, Unwind With Hawk Check

&1 Ball Change R (&), Cross L over R (1)
2,3,4 Unwind ½ turn right keeping weight on L (2,3,4)

STYLE:Put hands together on top of head as you extend arms straight up during unwind