

# For The First Time

**COPPER KNOB**  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Intermediate  
编舞者: Yona Mirda (INA) - July 2024  
音乐: For the First Time - Rod Stewart



Intro : 16 Count

\*\*\*3 Tags - No Restarts

## SECTION I - BASIC NC R-L, SPIRAL $\frac{3}{4}$ TURN L, WALK L-R-L, RECOVER, $\frac{1}{2}$ TURN L

1-2&                      Step R to side, Cross L Slightly behind R, Cross R over L  
3-4&                      Step L to side, Cross R Slightly behind L, Cross L over R  
5-6&                      Step R to side with spiral  $\frac{3}{4}$  turn Left, Step L forward, Step R forward  
7-8&                      Rock L forward, recover on R,  $\frac{1}{2}$  turn Left step L forward

## SECTION II - FORWARD SWEEP, CROSS, SIDE, BEHIND SWEEP, BEHIND, $\frac{1}{4}$ TURN L, SIDE, BEHIND, SIDE, CROSS ROCK, RECOVER, SIDE, CROSS

1-2&                      Step R Forward with sweep L to front, Cross L over R, Step R to side  
3-4&                      Cross L Behind R with sweep R to back, Cross R behind L,  $\frac{1}{4}$  turn Left step L forward  
5-6&                      Step R to side, Cross L behind R, Step R to side  
7&8&                      Cross L over R, Recover on R, Step L to side, Cross R over L

## SECTION III - $\frac{3}{4}$ R DIAMOND, WALK L-R

1-2&                      Step L to side,  $\frac{1}{8}$  turn Right step R back, Step L back  
3-4&                       $\frac{1}{8}$  turn Right step R to side,  $\frac{1}{8}$  turn Right step L forward, Step R forward  
5-6&                       $\frac{1}{8}$  turn Right step L to side,  $\frac{1}{8}$  turn Left step R back, Step L back  
7-8&                       $\frac{1}{8}$  turn Right step R to side, Step L forward, step R forward

## SECTION IV - FORWARD SWEEP, WEAVE, CROSS ROCK, RECOVER, SWAY R-L, ROLLING VINE

1-2&                      Step L forward with sweep R to front, Cross R over L, Step L to side  
3&4&                      Cross R behind L, Step L to side, Rock R over L, Recover on L  
5-6                      Step R to side with sway R, Sway L  
7&8&                       $\frac{1}{4}$  turn Right step R forward,  $\frac{1}{2}$  turn Right step L back,  $\frac{1}{2}$  turn Right step forward,  $\frac{1}{2}$  turn Right step L back

\*1+ $\frac{1}{4}$  turn Right as you step R to side to start the dance or do the Tag

Tag : 8 counts after wall 2, 4 and 6

## SWAY R- L-R-L, FORWARD, CHASE TURN R, $\frac{1}{2}$ L PIVOT

1 - 4                      Sway R, sway L, sway R, sway L  
5-6&                      Step R forward, step L forward,  $\frac{1}{2}$  turn Right step R in place  
7-8&                      Step L forward, step R forward,  $\frac{1}{2}$  turn Left step L in place

Ending : 4 Counts after Tag 3

## $\frac{1}{2}$ TURN LEFT WALK AROUND

1 - 4                      Step R forward,  $\frac{1}{4}$  turn Left Step L forward,  $\frac{1}{4}$  turn Left Step R forward, step L forward

Enjoy your dance

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