Neon Does for 2 (P)



拍数: 48 编数: 0 级数: Improver - Partner

编舞者: Nancy Milot (CAN) & Guy Dubé (CAN) - July 2024

音乐: Neon Does - Bryce Leatherwood



Intro: 16 counts. Start face to face in Double Hand Hold position. Man facing OLOD and lady facing ILOD.

[1-8]

M: SAILOR STEP, WEAVE to L, 1/4 TURN L and STEP FWD, STEP FWD, SHUFFLE FWD L: SAILOR STEP, WEAVE to R, 1/4 TURN R and STEP FWD, 1/2 TURN R, SHUFFLE BACK

1&2 M: Cross step L behind R, step R to right, step L to left

L: Cross step R behind L, step L to left, step R to right

3&4 M: Cross step R behind L, step L to left, cross step R over L

L: Cross step L behind R, step R to right, cross step L over R

5-6 M: 1/4 turn to left and step L forward, step R forward (LOD)

L: 1/4 turn to right and step R forward, 1/2 turn to right and step L back (RLOD)

*** On count 5, the man let go the lady's L hand and raises the lady's R hand over her head.

7&8 M : Shuffle forward with LRL

L: Shuffle back with RLR

[9-16]

M 1/4 TURN L and SIDE, TOUCH, COASTER KICK, TOGETHER, STEP, 1/2 TURN R, COASTER STEP L 1/4 TURN L and SIDE, TOUCH, COASTER KICK, TOGETHER, STEP, 1/2 TURN L, COASTER STEP

1-2 M: 1/4 turn to left and step R to right, touch L together R (ILOD)

L: 1/4 turn to left and step L to left, touch R together L (OLOD)

3&4 M : Step L back, step R together L, kick L forward

L: Step R back, step L together R, kick R forward

& M : Step L together R

L: Step R together L

5-6 M : Step R forward, 1/2 turn to right and step L back (OLOD)

L: Step L forward, 1/2 turn to left and step R back (ILOD)

*** On count 5, the man let go the lady's R hand and raises the lady's L hand over her head.

*** On count 6, the man takes back the lady's R hand in Double Hand Hold position.

7&8 M: Step R back, step L together R, step R forward

L : Step L back, step R together L, step L forward

[17-24]

M SIDE, TOGETHER, CHASSÉ to L in 1/4 TURN L, 2X (WALK FWD), SHUFFLE FWD L SIDE, TOGETHER, CHASSÉ to R in 1/4 TURN R, 1/2 TURN R, WALK BACK, SHUFFLE BACK

1-2 M : Step L to left, step R together L

L: Step R to right, step L together R

3&4 M: Chassé to left in 1/4 turn to left with LRL (LOD)

L: Chassé to right in 1/4 turn to right with RLR (LOD)

5-6 M : Step R forward, step L forward

L: 1/2 turn to right and step L back, step R back (RLOD)

*** On count 5, without letting the hands go, the man raises the R hand over the lady's head.

*** On count 6, you are now in Hammerlock position.

7&8 M : Shuffle forward with RLR

L: Shuffle back with LRL

[25-32]

M STEP FWD, HINGE 1/2 TURN L, SHUFFLE 1/2 TURN L, ROCK STEP, RECOVER, CHASSÉ to R in 1/4 TURN R

L 2X (WALK BACK), SHUFFLE 1/2 TURN R, ROCK STEP, RECOVER, CHASSÉ to L in 1/4 TURN L

1-2 M: Step L forward, 1/2 turn to left and step R back (RLOD)

L: Step R back, step L back

*** On count 1, the man passes under his L arm.

*** On count 2, the man let go the lady's L hand.

3&4 M: Shuffle in 1/2 turn to left with LRL (LOD)

L: Shuffle in 1/2 turn to right with RLR (LOD)

*** On count 4, the man let go the lady's R hand and takes back the lady's L hand.

5-6 M : Rock step R forward, recover on L

L: Rock step L forward, recover on R

7&8 M: 1/4 turn to right and chassé to right with RLR (OLOD)

L: 1/4 turn to left and chassé to left with LRL (ILOD)

*** On count 7, the man with his L hand takes back the lady's R hand.

[33-40]

M 1/4 TURN L and ROCK BACK, RECOVER, 1/4 TURN R and ROCK SIDE, RECOVER, SHUFFLE in 3/4 TURN L, STEP FWD, PIVOT 1/4 TURN L

L 1/4 TURN R and ROCK BACK, RECOVER, 1/4 TURN L and ROCK SIDE, RECOVER, SHUFFLE 3/4 TURN R, STEP FWD, PIVOT 1/4 TURN R

1-2 M: 1/4 turn to left and rock back on L, recover on R (LOD)

L: 1/4 turn to right and rock back on R, recover on L (LOD)

*** On count 1, the man and the lady touch their palms together.

3-4 M: 1/4 turn to right and rock side L to left, recover on R (OLOD)

L: 1/4 turn to left and rock side R to right, recover on L (ILOD)

*** On count 3, the man takes back the lady's R hand.

5&6 M : Shuffle in 3/4 turn to left with LRL (RLOD)

L: Shuffle in 3/4 turn to right with RLR (RLOD)

*** On count 5, let go the hands.

*** On count 6, the man with his L hand take back the lady's R hand.

7-8 M : Step R forward, pivot 1/4 turn to left (OLOD)

L : Step L forward, pivot 1/4 turn to right (ILOD)

*** On count 8,the man takes back the lady's L hand in Double Hand Hold position.

[41-48]

M CROSS SHUFFLE to L, ROCK SIDE, RECOVER, CHASSÉ to R L CROSS SHUFFLE to R, ROCK SIDE, RECOVER, CHASSÉ to L

1&2 M: Cross shuffle to left over L with RLR

L: Cross shuffle to right over R with LRL

3-4 M: Rock side L to left, recover on R

L: Rock side R to right, recover on L

5&6 M: Step L behind R, step R to right, cross step L over R

L: Step R behind L, step L to left, cross step R over L

*** On count 5, let go the hands.

*** On count 6,the man with his L hand takes back the lady's R hand.

7&8 M: Chassé to right with RLR

L: Chassé to left with LRL

RESTART 1: After the 2nd repetition of the dance, do the first 16 counts and restart from the beginning.

RESTART 2: After the restart 1, do the first 44 counts and restart from the beginning.

ENJOY AND HAVE FUN! GUY & NANCY

Last Update: 13 Sep 2024

