

Sedang Berjuang

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Kristinawati (INA) - July 2024
音乐: Sedang Berjuang - Suci Arshintia



Intro 36c

Sec 1. GRIVINE (R-L)

1-4 Step R to side, cross L behind R, step R to side, touch L toe together.
5-8 Step L to side, cross R behind L, step L to side, touch R toe together.(12.00)

Sec 2. K STEP

1-4 Step R diagonal forward,touch L toe together, step L diagonal back, touch R together.
5-8 Step R diagonal back, touch L together, step L diagonal forward, touch R together.

Sec 3. FORWARD ROCK-1/2 TURN FORWARD SHUFFLE-1/2 TURN BACK SHUFFLE-BACK ROCK

1-2,3&4 Rock R forward, recover on L, 1/2 turn to right step R forward,step L together, step R forward.(06.00)
5&6,7-8 1/2 turn to right step L back,step R together, step L back, rock R back,recover on L. (12.00)

Sec 4. 1/4 JAZZ BOCK-FORWARD-SIDE MAMBO(R-L)

1-4 Cross R over L, 1/4 turn to right step L back,step R to side,step L forward. (03.00)
5&6,7&8 Rock R to side, recover on L step R together, rock L to side,recover on R, step L together. (03.00)

Tag. 4 count

1-4 Touch R toe forward, step R together, touch L toe forward, step L together.