

Jazz Man

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Phrased Intermediate / Advanced
编舞者: Bradley Mather (USA) - July 2024
音乐: Jazz Man - Beth Hart



Sequence: AAB A- AAB AAAAB A

Intro: 32 counts

PART A

Running Step, ¼ Twinkle

- 1,2 step right forward over two counts with knee slightly bent (1-2)
3,4 step left forward rising through knee and ankle (3), step right forward lowering back to starting position (4)
5,6 step left foot forward over two counts with knee slightly bent (5-6)
7,8 turn ¼ left as you step right to R rising up through knee and ankle (7), step left to left Side lowering back to starting position (8) (9:00)

Grapevine, Ball Cross, ¼ Kick, Step, Flick

- 1,2 cross right over left (1), step left to left (2)
3,4 cross right behind left rising through knee and ankle (3), hold in risen position (4)

NOTE: The timing of counts 8-12 may vary slightly to match the melody

- &5 step ball of left foot down (&), cross right over left lowering to starting position (5)

Restart here on 3rd A by pivoting back to the front wall on count 6, transferring weight to left foot. There will be no count 7 or 8, begin part A immediately.

- 6,7,8 counts 6-8 are one fluid motion. turn ¼ left kicking left forward (6), step left down as you begin to flick right leg back (7), continue flicking right leg back (8) (6:00)

Point & Step x2, ½ Pivot, ½, ¼ Hitch

- 1,2 point right toe forward twisting body to right (1), step right down returning to neutral (2)
3,4 point left toe forward twisting body to left (3), step left down returning to neutral (4)
5,6 step right forward (5), pivot ½ L transferring weight to left (6)
7,8 step right back turning ½ L (7), hitch left knee making ¼ L (8) (3:00)

Hip Bump x3, Hold, Hip Circle, Drag

- 1,2 bump to left (1), bump to right (2)
3,4 bump to left (3), hold (4)
5,6 hip circle clockwise for 2 counts, weight ends on left. (5-6)
7,8 drag right in next to left (7-8) (3:00)

NOTE: When transitioning from A to B, add a shimmy on counts 7-8 and make sure that as the right foot drags in, you bring your right knee in like an "Elvis knee" to make the beginning of B more comfortable.

NOTE 2: On the very last A, slow down the hip roll and land heavily on the left hip as you turn ¼ R to face the front wall on the final beat.

PART B

NOTE: Clock directions are set with 12:00 being where you start part B. The first two times part B is danced, part B's 12:00 is the room's 6:00.

Knee In x2, Sailor, Weave w/Kick, Cross

- 1,2 shift weight to right as you bring in left knee like Elvis as you bend both elbows 90 degrees with right hand up showing palm forward to 12:00 and left hand down showing palm to 6:00 as you look towards right elbow (1), switch (shift weight to left as you bring in right knee like Elvis as you bend both elbows 90 degrees with left hand up showing palm forward to 12:00 and right hand down showing palm to 6:00 as you look towards left elbow (2)
3a4 step right behind left (3), step left to left (a), step right to right (4) (Hit the lyrics "the bass" on counts a4)

- 5&6 cross left behind right (5), step right to right (&), cross left over right (6) (Hit the lyrics "pock-et is" on counts 5&6)
- 7,8 kick right to right side pointing right toe (7), cross right over left bringing hands in towards midline of the body to prepare for count 1 of next set (8) (Hit the lyric "point/tight" on count 7) (12:00)

Look Down & Snap, Look Up, Drag In, Kick Ball Change, ½ Pivot

- 1,2 point left to left as you bend into right knee and sharply look down as you send arms out to side with a snap (1), look up (2)
- 3,4 slowly drag left in as you return to a fully upright position (3-4)
- 5&6 kick left forward (5), step ball of left foot down (&), step right forward (6)
- 7,8 step left forward (7), pivot ½ right as you step onto right (8) (6:00)

Heavy Steps x4, Mambo ½, Drag

- 1,2 with elbows touching sides, bend elbows 90 degrees so that they are parallel to the floor with palms facing forward and fingers spread wide for counts 1-4, take a heavy step forward on left almost like a camel walk(1), take heavy step forward on right (2)
- 3,4 repeat 1-2
- 5,6 rock forward on left (5), recover onto right (6)
- 7,8 turn ½ left stepping left forward (7), drag right in (8) (12:00)

Jazz Walk x3, Hold, Step, ½ Unwind

- 1,2 with knees bent and risen through ankles, take a sassy walk forward with right (1), take another sassy walk with left (2)
- 3,4 take the sassiest of all sassy walks with right (3), hold (4)
- 5 step left forward returning to normal standing position (5)
- 6,7,8 unwind ½ R over 3 counts keeping weight on left (6-8) (6:00)

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