

# Hook 'n Sling

COPPERKNOB  
BY STEPHEN

拍数: 80      墙数: 1      级数: Phrased Advanced  
编舞者: Fred Whitehouse (IRE) - April 2024  
音乐: All This Love (feat. Harloe) (Hook N Sling Remix) - Robin Schulz



Intro: 16 Counts, Start at approx 8 secs

Sequence: A, A, B, B, C, C, A, B, B, Tag, C, C, Ending

## Part A

### SEC 1 Shuffle, ½ Shuffle, Back Rock, Full Turn

1&2      Step right forward, step left beside right, step right forward  
3&4      Turn ¼ right step left to left, step right beside left, turn ¼ right step left back (6:00)  
5-6      Rock right back, recover weight onto left  
7-8      Turn ½ left step right back, turn ½ left step left forward (6:00)

### SEC 2 ¼ Turn Syncopated Rocks, ¼ Side Point, Clap x2

1-2&      Turn ¼ left rock right to right, recover weight onto left, step right beside left (3:00)  
3-4&      Rock left to left, recover weight onto right, step left beside right  
5-6      Rock right forward, recover weight onto left  
&7&8      Turn ¼ right step right to right, point left to left, clap, clap (6:00)

### SEC 3 Cross Rock, Side Shuffle, Kick & Touch & ¼ Slide

1-2      Cross rock left over right, recover weight onto right  
3&4      Step left to left, step right beside left, step left to left  
5&6&      Kick right forward to left diagonal, cross right over left, touch left behind right, step left back  
7-8      Step right to right, turn ¼ right sliding left towards right (9:00)

### SEC 4 Step, ¼ Pivot, Cross Shuffle, Full Box Turn

1-2      Step left forward, pivot ¼ right transferring weight on to right (12:00)  
3&4      Cross left over right, step right beside left, cross left over right  
5-6      Step right to right, turn ¼ left step left to left (9:00)  
7-8      Turn ¼ left step right to right, turn ½ left step left forward (12:00)

## Part B Dance on Nightclub Timing

### SEC 1 Step, Step ½ Pivot Step, Step ½ Pivot Step Sweep, Cross, Side, Back Rock, ¼ Back

1      Step right forward  
2&3      Step left forward, pivot ½ right transferring weight on to right, step left forward (6:00)  
4&      Step right forward, pivot ½ left transferring weight on to left  
5      Step right forward sweeping left from back to front (12:00)

### Arms Burst both arms over head

6&      Cross left over right, step right to right  
7-8&      Rock left back, recover weight onto right, turn ¼ right step left back (3:00)

### SEC 2 ¼ Nightclub Basic, Side Lunge, Look, ¾ Rolling Turn, Back Rock, ¼ Side, Back, Back Rock

1-2&      Turn ¼ right step right to right, step left beside right, cross right over left (6:00)  
3&      Lunge left to left, look left  
4&      Turn ¼ right step right forward, turn ½ right step left back (3:00)  
5-6      Rock right back, recover weight onto left  
&7      Turn ¼ left step right to right, step left back lifting right leg forward (12:00)  
8&      Rock right back, recover weight onto left

## Part C

### SEC 1 Syncopated Press Rocks With ¼ Turn

- 1-2& Press right forward, recover weight onto left, step right beside left
- 3-4& Press left forward, recover weight onto right, turn ¼ left step left beside right
- 5-6& Press right forward, recover weight onto left, step right beside left (9:00)
- 7-8& Press left forward, recover weight onto right, step left beside right

**SEC 2 Walk x3, Shuffle, Step, ½ Pivot, Shuffle**

- 1-2-3 Step right forward, step left forward, step right forward
- 4&5 Step left forward, step right beside left, step left forward
- 6-7 Step right forward, pivot ½ left transferring weight on to left (3:00)
- 8&1 Step right forward, step left beside right, step right forward

**SEC 3 Diagonal Rock, Weave, Hold, & Behind, Hold, & Cross**

- 2-3 Rock left to left diagonal, recover weight onto right
- 4&5 Step left behind right, step right to right, cross left over right
- 6&7 Hold, step right to right, step left behind right
- 8&1 Hold, step right to right, cross left over right

**SEC 4 Side Rock, Cross Shuffle, ¾ Reverse Rolling Vine**

- 2-3 Rock right to right, recover weight onto left
- 4&5 Cross right over left, step left beside right, cross right over left
- 6-7-8 Turn ¼ right step left back, turn ¼ right step right to right, turn ¼ right step left forward (12:00)

**Tag**

**SEC 1 Step, Hold, Side, Hold, Circle Body**

- 1-2 Step right forward, hold

**Arms Place right arm to right side**

- 3-4 Step left to left, hold

**Arms Place left arm to left side, holding hands with person on both sides**

- 5-6-7-8 Push body right, bend both knees keeping body right, push body left, straighten legs

**SEC 2 Walk x3, Kick, Back x3, Touch**

- 1-2 Step right forward, step left forward
- 3-4 Step right forward, kick left forward

**Arms 1-4 Raise both arms up still holding hands**

- 5-6 Step left back, step right back
- 7-8 Step left back, touch right beside left

**Arms 5-8 Lower arms and release hands**

**SEC 3 Cha Cha Timing Steps x4**

- 1 Step right to right
- 2&3 Step left beside right, step right beside left, step left to left
- 4&5 Step right beside left, step left beside right, step right to right
- 6&7 Step left beside right, step right beside left, step left to left
- 8& Step right beside left, step left beside right

**SEC 4 Full Walk Around**

- 1-2 Turn ⅛ right step right forward, turn ⅛ right step left forward (3:00)
- 3-4 Turn ⅛ right step right forward, turn ⅛ right step left forward (6:00)

**Styling 1-4 Shimmy Shoulders**

- 5-6 Turn ⅛ right step right forward, turn ⅛ right step left forward, (9:00)
  - 7-8 Turn ⅛ right step right forward, turn ⅛ right step left forward (12:00)
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