To The New Light

级数: Absolute Beginner

编舞者: Sherry Kemp (USA) - June 2024

音乐: New Light - Jubël: (iTunes & Amazon)

Begin on heavy beat approx. 3 counts after "tonight".

S1. Sway rocking chair x2 R step forward leading with hip, L step in place, R step back leading with hip, L step in 1-4 place.* 5-8 Repeat 1-4 S2. V step x2 1-4 R step diagonally right, L step diagonally left, R back center, L back center (Optional: Arms sway above from right to left while raising on the ball of the R then L diagonally forward.) Repeat 1-4 5-8 S3. Stomp, swivel, step touch x2 1-4 R stomp to right side (Option: Hands cross forward from waist and outward to sides on stomp), turn L heel toward R, then toe, then heel again L step back diagonally left, R touch beside L with clap, R step diagonally back right, L touch 5-8 beside R with clap S4. Step, touch, 3/4 run around (option walk) 1-2 L step diagonally forward, R touch beside L with clap 3-8 6 count run 3/4 right, R,L,R,L,R,L *At the second 3:00 wall, after the first sway rocking chair (S1 1-4, on lyric "ok"), begin S1 again. Dance ends at 9:00. End 3rd 9:00 wall with a R touch beside L.

Last Update: 4 Sep 2024





拍数: 32

墙数:4