

Rhinestone Cowgirl

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Tonya Coon Moore (USA) - June 2024
音乐: Rhinestone Cowgirl - Stephanie Urbina Jones & Wendy Moten



#16 Count Intro

NO TAGS, NO RESTARTS!

WALK WALK, SHUFFLE STEP, ROCK STEP, SLIDE

1-2 Step Right Foot Forward, Step Left Foot Forward
3&4 Step Right Foot Forward, Step Left Foot Next to Right Foot, Step Right Foot Forward
5-6 Rock Left Foot Forward, Rock Back on Right Foot
7-8 Step Left Foot Long Step Back, Drag Right Foot

(Optional for Counts 7-8: Shuffle Step Back Stepping Left Foot Back, Step Right Foot Next to Left Foot, Step Left Foot Back)

SWAY R-L, TRIPLE R,L,R SWAY L-R TRIPLE L, R, L

1-2 Step Right Foot Out to Right Swaying Hips to Right, Sway Hips to Left
3&4 Step Right Foot in place, Step Left Foot next to Right Foot, Step Right Foot next to Left Foot
5-6 Step Left Foot out to Left Swaying Hips to Left, Sway Hips to Right
7&8 Step Left Foot in place, Step Right Foot next to Left Foot, Step Left Foot next to Right Foot

STEP BEHIND, 1/4 SHUFFLE STEP, ROCK STEP, SHUFFLE STEP

1-2 Step Right Foot to Right, Step Left Foot Behind Right Foot
3&4 Turn 1/4 Right and Step Right Foot Forward, Step Left Foot Next to Right Foot, Step Right Foot Forward
5-6 Rock Forward on Left Foot, Rock Back on Right Foot
7-8 Shuffle Step Back Stepping Left Foot Back, Step Right Foot Next to Left Foot, Step Left Foot Back)

TOUCH BACK R, 1/4 TURN, ROCK STEP, SHUFFLE STEP, ROCK STEP

1-2 Touch Right Foot Back, Turn 1/4 Right Shifting weight to Right Foot
3-4 Cross/Rock Left Foot over Right Foot, Rock Back onto Right Foot
5&6 Step Left Foot to Left, Step Right Foot next to Left Foot, Step Left Foot to Left
7-8 Rock Back on Right Foot, Rock Forward on Left Foot

REPEAT
