

Believe In Me

拍数: 32 墙数: 2 级数: Beginner
编舞者: Gabi Schobloch (DE) - June 2024
音乐: Apocalypse - Cigarettes After Sex



No Tag, No Restart

Additional music suggestions:

Rolling in the Deep by: Adele No Tag, No Restart

Toora Loora Lay by: Celtic Thunder No Tag, No Restart

Texas Hold `EM by: Beyoncé Tag: Wall 2 (3:00) after 16 Count, Rocking Chair, then Restart

Run by: Storm & Stone Restart: Wall 5 (9:00) after 16 Count

Dancing Queen by: ABBA Restarts: Wall 2 (6:00) after 8 Count & Wall 6 (3:00) after 24 Count

Every Time You Take Your Time by: Aaron Goodvin Restart: Wall 1 (9:00) after 28 Count

Sealed with a Kiss by: Jason Donovan Tag: End of Wall 4 (12:00), Rocking Chair

How Deep is you Love by: Collin Raye Restart: Wall 2 (6:00) after 24 Count

[1 – 8] ROCK FORWARD R - SHUFFLE BACK R – BACK ROCK L - SHUFFLE FORWARD L

- 1 - 2 Step forward R (weight on right foot) – recover on left foot
- 3 & 4 Step back R – L next to R – Step back R
- 5 - 6 Step back L (weight is on left foot) – recover on right foot
- 7 & 8 Step forward L – R next to L – step forward L

[9 – 16] STEP ¼ TURN L - CROSS SHUFFLE R OVER L - SIDE ROCK L - BEHIND-SIDE-CROSS

- 1 - 2 Step forward R (weight is on R) – ¼ turn left (weight on L after turning) (9:00)
- 3 & 4 cross R over L – step side left with L – cross R over L
- 5 – 6 step side left with L (weight is on L) – recover on R
- 7 & 8 cross L behind R – step side right with R – cross L over R

[17-24] SIDE ROCK, RECOVER - CROSS (R OVER L), SIDE ROCK - RECOVER, CROSS (L OVER R) - SIDE ROCK R, RECOVER

- 1 - 2 step side right with R (weight is on right foot) – Recover on L
- 3 – 4 cross R over L - step side left with L (weight is on left foot) –
- 5 – 6 recover on R - cross L over R
- 7 - 8 step side right with R (weight is on R) – recover on L

[25-32] ROCKING CHAIR – STEP ¼ TURN L WITH BOUNCING

- 1 - 2 step forward R (weight is on R) – Recover on L
- 3 - 4 step back R (weight is on R) – Recover on L
- 5 - 8 step forward R (weight is on R) – ¼ turn left with Bouncing (weight at the end on L) (6:00)

Repeat and have much fun :)

Last Update - 2 July 2024