

# Bendita

拍数: 64      墙数: 2      级数: Improver  
编舞者: Handy Gunawan (INA) - June 2024  
音乐: Bendita Tu Luz - Maná



## Note:

- Intro (16C)
- No Tag, 2x Restarts ( on wall 1 after 32C, on wall 2 after 48C)

## S1# DOUBLE STEP ( R - L )

- 1 - 4      step RF to side, close LF next to RF, step RF to side, close touch LF next to RF
- 5 - 8      step LF to side, close RF next to LF, step LF to side, close touch RF next to LF

## S2# K - STEP

- 1 - 4      step RF diagonally fwd, close touch LF next to RF, step LF back to center, close touch RF next to LF
- 5 - 8      step RF diagonally bwd, close touch LF next to RF, step RF back to center, close touch RF next to LF

## S3# R VINE - L ROLLING VINE

- 1 - 4      step RF to side, cross LF behind RF, step RF to side, touch LF to side
- 5 - 8      1/4 L step LF fwd, 1/2 L step RF back, 1/4 L step LF to side, touch RF next to LF

## S4# CROSS - TOUCH - CROSS - TOUCH - 1/2 L PIVOT - FWD - TOGETHER

- 1 - 4      cross RF over LF, touch LF to side, cross LF over RF, touch RF to side
- 5, 6      step RF fwd, 1/2 turn L recover on LF
- 7, 8      step RF fwd, close LF next to RF

(Restart Here on Wall 1)

## S5# WALK FWD ( R - L - R ) - KICK FWD - WALK BACK ( L - R - L ) - CLOSE TOUCH

- 1 - 4      step RF fwd, LF fwd, RF fwd, kick LF fwd
- 5 - 8      step LF bwd, RF bwd, LF fwd, close touch RF next to LF

## S6# SIDE - RECOVER - WALK IN PLACE

- 1, 2      step RF to side, recover on LF
- 3, 4      close RF next to LF, close touch LF in place
- 5, 6      step LF to side, recover on RF
- 7, 8      close LF next to RF, close touch RF in place

(Restart here on wall 2)

## S7# SIDE - CLOSE TOUCH - SIDE - CLOSE TOUCH - SWAY

- 1, 2      step RF to side, close touch LF next to RF
- 3, 4      step LF to side, close touch RF next to LF
- 5 - 8      step RF to side with sway to R, L, R, L

## S8# PADDLE TURN - JAZZBOX WITH CROSS

- 1, 2      step RF fwd, 1/4 L hip roll in while transferring weight to LF
- 3, 4      step RF fwd, 1/4 L hip roll in while transferring weight to LF
- 5 - 8      cross RF over LF, step LF back, step RF to side, cross LF over RF

Happy Dancing .... !!!!

Best Regards,

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