

Lágrimas de Hielo (Salsa)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Improver
编舞者: Kusnadi Noviar (INA) - June 2024
音乐: Lágrimas de Hielo - Marcela Morelo



Sequence: 32-64-32-64-32-64-64-Ending

No Tag, No Restart

Intro : 16 C-Start around 10 second

#1 Basic Salsa L-R, Salsa Full Turn to R, Basic Salsa R

1&2 Rock LF fwd, recover on RF, step LF slightly bckwd
3&4 Rock RF bckwd, recover on LF, step RF slightly fwd
5&6 Step LF fwd, ½ R-Turn-RF fwd (6.00), ½ R-Turn-LF tog RF (12.00),
7&8 Rock RF bckwd, recover on LF, step RF slightly fwd

#2 Salsa Rock L, Time Step L, Salsa Rock R, Time Step R

1&2 Kick LF Forward, Step L ball In place, Step R ball in place
3&4 Step LF beside RF, Step RF in place, Step LF to L side
5&6 Kick RF Forward, Step R ball In place, Step L ball in place
7&8 Step RF beside LF, Step LF in place, Step RF to R side

#3 Cumbia L-R, Salsa Full Turn to L

1&2 Step LF cross behind RF, tap RF in place, Step LF to L side
3&4 Step RF cross behind LF, tap LF in place, Step RF to R side
5&6 Rock LF fwd, recover on RF, ¼ L turn-step LF to L side (9:00)
7&8 ¼ L-Turn-Step RF fwd(6:00), ½ L-Turn-RF tog LF(12.00),

#4 Toe In, Heel In, Cross (L-R), Syncopated Time Step L-R

1&2 L toe in, L heel in, cross LF over RF
3&4 R toe in, R heel in, cross RF over LF
5&6 Step LF beside RF, step RF in place, Step LF to L side
7&8 Step RF beside LF, Step LF in place, Step RF to R side

#5 Travelling Suzy Q To R, Travelling Suzy Q To L

1&2& Cross LF over RF, Step RF to R side, Cross LF over RF, Step RF to R side,
3&4 Cross LF over RF, Step RF to R side, Cross LF over RF
5&6& Cross RF over LF, Step LF to L side, Cross RF over LF, Step LF to L side,
7&8 Cross RF over LF, Step LF to L side, Cross RF over LF

Option : with Shimmy

#6 Cucaracha L- R, Salsa Box/Square

1&2 Rock LF to L side, recover on RF, step LF next to RF
3&4 Rock RF to R side, recover on LF, step RF next to LF
5&6 Step LF to L side, Step RF tog LF, Step LF fwd
7&8 Step RF to R side, Step LF tog RF, Step RF bckwd

#7 Volta Full Turn to L, Volta Full Turn to R

1&2& ¼ Turn L- cross LF over RF, RF lock behind LF, ¼ Turn L- cross LF over RF, RF lock behind LF
3&4 ¼ Turn L- cross LF over RF, RF lock behind LF, ¼ Turn L- cross LF over RF
5&6& ¼ Turn R-cross RF over LF, LF lock behind RF, Turn R ¼ cross RF over LF, LF lock behind RF
7&8 ¼ Turn R-cross RF over LF, LF lock behind RF, Turn R ¼ cross RF over LF

#8 Toe Strut L-R, Wave to R, Toe Strut R-L, Wave to L

1&2& Touch L toes forward, step L heel down, Touch R toes forward, step R heel down
3&4 Cross LF over RF, Step RF to R side, Step LF behind RF
5&6& Touch R toes forward, step R heel down, Touch L toes forward, step L heel down
7&8 Cross RF over LF, Step LF to L side, Step RF behind LF

Passions, Healthy and happy Dance

Happy Dancing!

kusnadi4@gmail.com

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