

Stay Dancin'

拍数: 32 墙数: 4 级数: Improver

编舞者: Mandy Doucet, Angela Spiers, Becky Bullerwell, Bertha Arseneau (CAN), Debbie Davis-Maybee, Donna Murray (CAN), Irene Ma, Joanne Kaczmariski, Judy MacLean (CAN), Karla Carter-Smith (CAN), Kris Stojic, Lisa Taylor (CAN), Natasha Cormier (CAN), Nicole LeBrun (CAN), Pattie LeBlanc (CAN), Tanya Woffenden (CAN) & Gerard Murphy (CAN) - June 2024

音乐: Stay Dancin' - DeeDee Austin



NOTE: This dance was choreographed at the Restart 2024 Modern Line Dance Festival in Halifax, Nova Scotia, Canada, hosted by Gerard Murphy, during a Create a Dance Workshop facilitated by Gerard. Thanks Gerard!

#8 Count Intro, No Tags, No Restarts

[Sec.1] Step Touch, Step Touch, & Heel & Toe, Walk R L [1-8]

1,2,3,4 Step right foot to right (1), touch left toe beside right (2) Step left foot to left (3) touch right toe beside left (4)

8&5&6 Step back on right foot (&), touch left heel forward (5), Step down on left foot (&), touch right toe beside left (6)

7,8 Step forward on right (7), Step forward on left (8) (12:00)

[Sec.2] Press, Recover, Behind & Cross, ¼ Turn Right, ¼ Turn Right, Shuffle Forward [9-16]

1 Press right toe-ball forward on right diagonal (1) (1:00)

2 Push off from right and shift weight onto left (2) (12:00)

3&4 Cross right foot behind left foot (3), step left foot to left side (&), cross right foot in front of left (4)

5-6 Step back on left foot turning ¼ right, (5) (3:00), step forward on right foot turning ¼ right (6) (6:00)

7&8 Step forward on left foot (7), step right foot together (&), step forward on left foot (8) (6:00)

[Sec.3] Weave Left, Rock Step Cross [17-24]

1-2 Moving to the left, cross right foot in front of left (1), step left foot to left, (2)

3-4 Cross right foot behind left (3), step left to left (4)

5-6 Cross right foot in front of left (5), rock left foot to left (6)

7-8 Recover onto right foot (7), cross left over right (8) (6:00)

[Sec.4] Side Rock & Cross, Step, Step, Heel & Heel, Rock Back & Flick ¼ Turn Left [23-32]

1&2 Rock right foot to right (1), recover to left foot stepping back slightly (&), Cross right foot over left foot (2)

3-4 Step left foot to left (3), step right foot to right (4)

5&6 Swivel left heel towards right (5), swivel left heel back to center (&), swivel right heel in towards left (6)

8&7-8 Rock back on right foot (&), recover onto left foot (7), flick right heel back as you turn ¼ left (8) (3:00)

Repeat, Have Fun!

Last Update: 16 Jul 2024