

One Touch

拍数: 32 墙数: 4 级数: Beginner
编舞者: Philip Victor Ongert (USA) - March 2024
音乐: One Touch - Jess Glynne & Jax Jones



Intro : 16 counts - Weight starts on LF
No Tags / No Restarts

Optional Styling in {Italics}
Ctr-Clk Counter-Clockwise = rotate left

[1-8] Point Cross x2, Step Back/Out, Step Out, Walk x2

1, 2 Point RF out to R, Step RF in front/across LF
3, 4 Point LF out to L, Step LF in front/across RF
5, 6 Step RF back/out, Step LF out to L (next to RF ~shoulder width)
7, 8 Walk fwd RF, Walk fwd LF

Instructors: consider teaching Count 3-6 as a LF initiated Jazz Box

{Counts 5,6 - Push hips back with each step back/out}

[9-16] Rock Fwd Recover, Step Back Body Roll x2, Rock Back Recover

1, 2 Rock RF fwd, Recover onto LF
3, 4 Step RF back, Touch LF in front of RF
5, 6 Step LF back, Touch RF in front of LF
7, 8 Rock RF back, Recover onto LF (prep for 1/4 turn L)

{Counts 3,4 & 5,6 - Add Body Roll for styling}

[17-24] 1/4 Ctr-Clk Turn Vine R, Vine L,

1, 2, 3, 4 Make 1/4 L as you Step RF out to R, Step LF behind RF, Step RF out to R, Touch LF next to RF
5, 6, 7, 8 Step LF out to L, Step RF behind LF, Step LF out to L, Touch RF next to LF

[25-32] V-Step, Side Touch x2

1, 2, 3, 4 Step RF fwd onto R diagonal (45 deg), Step LF fwd onto L diagonal (45 deg) Step R back/in to center, Step L beside R
5, 6, 7, 8 Step RF out/back to R side, touch LF beside RF, Step LF out/back to L side, touch RF beside LF (steps at slight diagonal)

{Count 4 - Cross RF in front of LF}

{Counts 5-8 - Slide Touch, rather than Step Touch}

Have a great time with it! Make it your own. Don't forget to do fun/silly things with your upper body...and sing along!

~ BootScootin Philip