

Sherry Sue's Alabama

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 2 级数: Absolute Beginner
编舞者: Sue Korek (USA) & Sherry Silcox (USA) - 24 June 2024
音乐: Please Please Please - Sabrina Carpenter
或: Circles - Post Malone



Alternate Music:

Circles (Post Malone--2019), bpm=120, Intro: 32 counts

No tags or restarts

Introduction: 32 counts

SECTION 1 (TWO SETS OF STEP TOUCHES)

1-4 Step R to right side, touch L beside R, step L to left side, touch R beside L
5-8 Step R to right side, touch L beside R, step L to left side, touch R beside L

SECTION 2 (TWO MONTANA/CHARLESTON KICKS)

1-4 Step R forward, kick L forward, recover L, touch R back
5-8 Step R forward, kick L forward, recover L, touch R back

SECTION 3 (TWO GRAPEVINES – 1ST ALABAMA VINE WITH HITCH)

1-4 Step R right side, step L behind, step R to right side, hitch L and turn halfway (1/2)
 Another option: Hitch L and turn quarter (1/4) and create a 4-wall dance.
5-8 Step L left to left side, step R behind, step L left side, touch R beside L

SECTION 4 (TWO ROCKING CHAIRS)

1-4 Rock R forward, recover on L, rock R back, recover on L
5-8 Rock R forward, recover on L, rock R back, recover on L

We hope you enjoy this dance!

Please consider creating a Teach or Demo video.

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