

Sherry Sue's Alabama

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Absolute Beginner
编舞者: Sue Korek (USA) & Sherry Silcox (USA) - 24 June 2024
音乐: Please Please Please - Sabrina Carpenter
或: Circles - Post Malone



Alternate Music:

Circles (Post Malone--2019) Intro: 32 counts, bpm=120

No tags or restarts

Introduction: 32 counts

SECTION 1 (FOUR STEP TOUCHES)

1-2 Step R to right, touch L beside R
3-4 Step L to left, touch R beside L
5-6 Step R to right, touch L beside R
7-8 Step L to left, touch R beside L

SECTION 2 (TWO MONTANA/CHARLESTON)

1-2 Step R forward, kick L forward
3-4 Recover L, touch R back
5-6 Step R forward, kick L forward
7-8 Recover L, touch R back

SECTION 3 (TWO VINES – 1ST ALABAMA VINE RIGHT WITH HITCH, LEFT VINE)

1-2 Step R right, step L behind R
3-4 ¼ turn right step R, hitch L and turn halfway (½) (6:00)

Another option: Hitch L and turn 1/4 to create a 4-wall dance (3:00)

5-6 Step L to left, step R behind L
7-8 Step L left, brush R

SECTION 4 (TWO ROCKING CHAIRS)

1-2 Rock R forward, recover on L
3-4 Rock R back, recover on L
5-6 Rock R forward, recover on L
7-8 Rock R back, recover on L

We hope you enjoy this dance!

Please consider creating a Teach or Demo video.

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