

拍数: 64 墙数: 2 级数: Low Intermediate
 编舞者: Daniel Clément (BEL) - June 2024
 音乐: 911 - Kameron Marlowe



[1-8] Heel Struts (R&L) – Rocking Chair

1-2-3-4 R heel forward, R drop toe - L heel forward, L drop toe
 5-6-7-8 R rock step forward, Recover on L – R rock back, Recover on L

[9-16] Step Turn 1/2 L, Step, Hold – Triple Full Turn, Hold

9-10-11-12 Step R forward – 1/2 turn on L – Step R forward – Hold
 13-14-15-16 1/2 turn to R, L back – 1/2 turn R, R forward – L step forward – Hold (06:00)

(Easy option : Run Run Run L-R-L)

[17-24] Step, Touch, Back, Heel – Back, Heel, Step, Touch

17-18-19-20 Step R forward – Touch L behind R – Step L back – Heel R forward
 21-22-23-24 Step R back – Heel L forward – Step L forward – Touch R next L

[25-32] Step Lock Back, Hold – Sailor 1/2 Turn, Hold

25-26-27-28 Step R back – Cross L over R – Step R back - Hold
 29-30-31-32 Cross L behind R – 1/4 turn L, R next L – 1/4 turn R, Step L forward – Hold (12:00)

Restart on wall 3

[33-40] Stomp R, Stomp L, Swivel L&R, Stomp R, Stomp L

33-34 Stomp R on place – Stomp L on place
 35-36 Twist L toe to L and R heel to R - Back to center
 37-38 Twist L heel to L and R toe to R - Back to center
 39-40 Stomp R on place – Stomp L on place

Option 35-38 : applejacks

[41-48] Coaster Step, Hold – Step Turn 1/2 R, Step, Hold

41-42-43-44 Step R back – L together – Step R forward – Hold
 45-46-47-48 Step L forward – 1/2 turn on R – Step L forward – Hold (06 :00)

Tag and Restart on wall 6

[49-56] Stomp R, Swivels L – Stomp L, Swivels R

49-50-51-52 Stomp R diagonally forward –Swivel L – heel, toe, heel towards R
 53-54-55-56 Stomp L diagonally forward –Swivel R - heel, toe, heel towards L

[57-64] Side, Touch, Side, Touch – Out Out In In

57-58 Step R to R –Touch L next R
 59-60 Step L to L –Touch R next L
 61-62 Step R diagonally forward – Step L diagonally forward
 63-64 R return to center – L together

Restart on wall 3 after 32 count (12 :00)

Tag and restart on wall 6 : dance until count 48, hold 4 count, and restart (6:00)