Cowgirl

COPPER KNOL

拍数: 32

墙数:1 编舞者: Bianca Glaser (DE) - May 2024

音乐: Cowgirls (feat. ERNEST) - Morgan Wallen

级数: Beginner



Intro: 16 Counts (start with singing), no restarts, no tags

Grapevine r	
1-2	Step to the right with RF - cross LF behind RF
3-4	Step to the right with RF - touch LF next to RF (without changing weight)
Split, clap, twist	tin
5	LF sw (split position)
6	Main weight on the left foot (LF is bent, RF is stretched) + clap over LF
7&8	RF: heel in, toe in, heel in
Back, touch in f	ront, diag. forward, touch beside
1-2	RF backwards, LF touch in front of the RF (without changing weight)
3-4	LF diag. forward, RF touch next to LF (without changing weight)
diag. forward, to	ouch beside, diag. back, close
5-6	RF diag. forward, LF touch beside RF (without weight change)
7-8	LF diag. backwards, RF closes (with weight change)
Now do the san	ne with the other foot on the other side
Grapevine I 1-2	Step to the right with LF - cross RF behind LF
Grapevine I	
Grapevine I 1-2 3-4	Step to the right with LF - cross RF behind LF Step to the right with LF - touch RF beside LF (without weight change)
Grapevine I 1-2	Step to the right with LF - cross RF behind LF Step to the right with LF - touch RF beside LF (without weight change)
Grapevine I 1-2 3-4 Split, clap, twist	Step to the right with LF - cross RF behind LF Step to the right with LF - touch RF beside LF (without weight change) t in
Grapevine I 1-2 3-4 Split, clap, twist 5	Step to the right with LF - cross RF behind LF Step to the right with LF - touch RF beside LF (without weight change) t in RF sw (split position)
Grapevine I 1-2 3-4 Split, clap, twist 5 6 7&8	Step to the right with LF - cross RF behind LF Step to the right with LF - touch RF beside LF (without weight change) t in RF sw (split position) Main weight on the left foot (RF is bent, LF is stretched) + clap over RF
Grapevine I 1-2 3-4 Split, clap, twist 5 6 7&8	Step to the right with LF - cross RF behind LF Step to the right with LF - touch RF beside LF (without weight change) t in RF sw (split position) Main weight on the left foot (RF is bent, LF is stretched) + clap over RF LF: heel in, toe in, heel in
Grapevine I 1-2 3-4 Split, clap, twist 5 6 7&8 Back, touch in f	Step to the right with LF - cross RF behind LF Step to the right with LF - touch RF beside LF (without weight change) in RF sw (split position) Main weight on the left foot (RF is bent, LF is stretched) + clap over RF LF: heel in, toe in, heel in
Grapevine I 1-2 3-4 Split, clap, twist 5 6 7&8 Back, touch in f 1-2 3-4	Step to the right with LF - cross RF behind LF Step to the right with LF - touch RF beside LF (without weight change) t in RF sw (split position) Main weight on the left foot (RF is bent, LF is stretched) + clap over RF LF: heel in, toe in, heel in Front, diag. forward, touch beside LF backwards, RF touch in front of the LF (without weight change)
Grapevine I 1-2 3-4 Split, clap, twist 5 6 7&8 Back, touch in f 1-2 3-4	Step to the right with LF - cross RF behind LF Step to the right with LF - touch RF beside LF (without weight change) tin RF sw (split position) Main weight on the left foot (RF is bent, LF is stretched) + clap over RF LF: heel in, toe in, heel in Front, diag. forward, touch beside LF backwards, RF touch in front of the LF (without weight change) RF diag. forward, LF touch beside RF (without weight change)

REPEAT

Last Update: 25 Jun 2024