Sunshine Day Cha

级数: Beginner

编舞者: Isabel Payeras (ES) - June 2024

音乐: Sunshine Day - Ballroom Orchesta & Singers

Hoja redactada por Marita Torres

拍数: 32

WALK FORWARD X 3, SHUFFLE FORWARD, ROCK RECOVER, SHUFFLE ½ TURN

- LF forward, RF forward, LF forward 1-2-3
- 4&5 RF forward, LF next to RF, RF forward
- 6-7 LF rock forward, recover to RF
- 8&1 LF ¼ left, RF next to left, ¼ left LF forward

BOTAFOGO X 2, STEP TURN ½, STEP FORWARD X 2

- RF cross over LF, LF to left side, RF to right side 2&3
- LF cross over RF, RF to side right, LF to side left 4&5
- 6-7 RF forward, 1/2 turn left,
- 8-1 RF forward, LF forward

TOUCH, TOUCH, KICK STEP, DIP DOWN AND UP x 2,

- RF touch toe next to LF, RF next to LF, LF touch forward, LF next to RF 2&3&
- 4&5 RF kick forward, RF forward, LF touch forward
- 6-7 Down, up,
- 8-1 Down, up

CHASSE RIGHT, 1/2 TURN RIGHT, CHASSE LEFT, SAILOR STEP, ROCK BACK RECOVER, STEP FORWARD

- RF to side right, LF next to RF, RF to side right 2&3
- 1/2 turn right LF to side left, RF next to RF, LF to side left 4&5
- 6&7 RF behind LF, LF to side left, RF to side right
- LF behind RF, recover to RF to side right, LF forward 8&1





墙数: 2