

Pick a Wildflower

COPPERKNOB
STEPPERS

拍数: 40 墙数: 4 级数: Phrased Beginner
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音乐: Pickin' Wildflowers - Keith Anderson



SEQUENCE: A, A, A (first 8 count only), B, B, B (first 6 counts) restart on new wall B

INTRO APPROXIMATELY 23 SECONDS

PART A: 24 counts total

1&2 R toe to heel scuff
3&4 L toe to heel scuff
5&6 Triple step forward on R
7&8 L grapevine at 90° facing right wall

1&2 Scuff R leg with 180° turn counterclockwise hitch
3&4 Grapevine to the R
5 Walk back with L, heel touch with R
6 Walk back with R, heel touch with L
7&8 R crossover L, full 360° turn

1 Pause
2 Pause
3 Step down R
4 Step down L
5 Pause
6 Pause
7, 8 Heel pump R & L together

New wall starts left, Repeat for 1.5x

On 3rd sequence of A, B sequence will start after the grapevine on first 8 count.

PART B: 16 counts total (starts approximately at 0:54)

1&2 R forward triple step
3&4 L forward triple step
5& R toe to heel scuff
6& R foot down over L triple step
7 Turn counterclockwise 240° on R foot
8 Kick L leg out

1&2 L step ball change, L foot lead
3 Step forward R, Pop leg L
4 Step forward L, Pop leg R
5&6& Flick R leg front then R side, to a ball change on R with R foot lead
7 Step L, Step R (feet shoulder width apart)
&8 Move hips in clockwise circle (or have fun with it!)

REPEAT

****3rd rotation of B there is a restart** (approx. 1:26)**

1&2 R forward triple step
3&4 L forward triple step

5& R toe to heel scuff
6& R foot down over L triple step
Restart new wall L, Start B sequence over

Last Update - 18 Jun. 2024 - R1
