Out My Way



拍数: 100 编数: O 级数: Phrased Intermediate

编舞者: Kim Ray (UK) - June 2024 音乐: Out My Way - Leroy Sanchez



Seq: 5 x A (Fifth A change 5/8 pivot to 7/8 turn to the front), B, A to finish at 12:00 change 5/8 pivot turn to 7/8 turn stepping right to right side, right arm up (A A A A B A)

Intro: 32 counts

A1 KICK BACK BACK, KNEE POPS, RUN FORWARD, ROCK/RECOVER

1&2 Kick right forward, step back on right, step back on left (&2 shoulder width apart)

3&4 Pop right knee in, take weight on right, pop left knee in (Elvis knees)

5&6 Run forward left, right, left (12:00)

7-8 Rock forward on right, recover back on left

A2 SHUFFLE ½ TURN RIGHT, FULL TURN RIGHT, ¼ TURN RIGHT & HOLD, & STEP SIDE TOUCH

1&2 Shuffle ½ turn right stepping right, left, right (6:00)

3-4 ½ turn right stepping back on left, ½ turn right stepping forward on right

5-6 ¼ turn right stepping left to left side, HOLD (9:00)

&7-8 Step right next to left, step left to left side, touch right next to left

A3 BALL CROSS HOLD WITH 1/8 TURN RIGHT, & LOCK STEP, STEP, PIVOT ½ TURN, TRIPLE ½ TURN

&1-2 Step slightly back on right, cross left over right (10:30), HOLD

Step forward on right, cross left behind right, step forward on right, step forward on left

5-6 Step forward on right, pivot ½ turn left (4:30)
7&8 Shuffle ½ turn left stepping right, left right (10:30)

A4 & STEP BACK, TOUCH, HOLD, & BACK TOUCH, & BACK TOUCH, BACK TOUCH HOLD, & STEP, 5/8 TURN LEFT

&1-2 Step back on left, touch right forward of left, HOLD

&3&4 Step back on right, touch left forward of right, step back on left, touch right forward of left

&5-6 Step back on right, touch left forward of right, HOLD (10:30)

&7-8 Step left in place, step forward on right, on right foot turn 5/8 left, step left to left side (3:00)

(ON WALL 5 CHANGE 5/8 PIVOT TURN TO 7/8 TURN TO START (B) AT 12:00 AND DO

THE SAME ON THE LAST A TO FINISH AT 12:00 RIGHTHAND UP)

B1 RIGHT ARMORGRAPHY (FACING 12:00)

1-4 Step slightly forward on right lifting right arm up in front to eye level (palm facing to left,

fingers open)

5-8 Bring right arm down closing right fist

B2 LEFT ARMORGRAHY

1-4 Step slightly forward on left lifting left arm up in front to eye level (palm facing to right, fingers

open)

5-8 Bring left arm down closing left fist

B3 BOTH ARMORGRAHY

1-4 Stepping right to right side raise both arms forward and up eye level, palms facing each other

5-8 Bring both arms down closing both fists

B4 SWAYS RIGHT & LEFT

1-4 Sway to the right over 2 counts, sway to the left over 2 counts

5-8 Sway to the right, sway to the left, sway to the right, sway to the left

B5 STEP FORWARD, SWEEP, WEAVE, SWEEP, BEHIND, 1/4 TURN LEFT

1-4 Step forward on right sweeping left out and forward, cross left over right, step right to right

side

5-8 Cross left behind right sweeping right out and back, cross right behind left, ¼ turn left

stepping forward on left (9:00)

B6 1/4 TURN LEFT RIGHT TO RIGHT SIDE, ROCK BACK/RECOVER

1-4 ½ turn left stepping right to right side, back rock on left, recover on right (6:00)

5-8 Step left to left side, rock back on right, recover on left

B7 & B8 STEP FORWARD, SWEEP, WEAVE, SWEEP, BEHIND, 1/4 TURN LEFT

1-16 Repeat B5 & B6 (12:00)

B9 SWAY RIGHT, SWAY LEFT

1-2 Sway to the right over 2 counts3-4 Sway to the left over 2 counts

Last Update: 30 Jul 2024