

Forever ... Look at Us

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: High Beginner
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音乐: Look At Us - Tantowi Yahya



S1. FORWARD ROCK - RECOVER - BACK SHUFFLE, BACKWARD ROCK - RECOVER - FORWARD SHUFFLE

- 1 2. Rock RF forward , Recover on LF
3&4. Step back on RF, Close LF beside RF, Step back on LF
5 6. Rock LF backward , Recover on RF
7&8. Step LF forward, Close RF beside LF, Step LF forward

S2. SIDE ROCK - CROSS SHUFFLE , SIDE ROCK - ¼R. RECOVER - FORWARD SHUFFLE

- 1 2. Rock RF to R side, Recover on LF
3&4. Cross RF over LF, Step LF to L side, Cross RF over LF
5 6. Rock LF to L side - Turn ¼R. Recover on RF
7&8. Step LF forward, Close RF beside LF, Step LF forward

S3. SIDE - TOGETHER , BACKWARD ROCK - RECOVER, FORWARD - ½R. BACK - ½R. FORWARD R/L

- 1 2. Step RF to R side, Close LF beside RF
3 4. Rock back on RF, Recover on LF
5. Step RF forward
6 7 8. Turn ½R. Step back on LF, Turn ½R. Step RF forward, Step LF forward

S4. ¼R. JAZZ BOX CROSS WITH GRINDER, SIDE & SWAY R/L - BACKWARD ROCK - RECOVER

- 1 2 3 4 Turn ¼R. Grind RF heel, Step back on LF, Step RF to R side, Cross LF over RF
5 6. Step RF to R side while swaying to R , Sway to L
7 8. Rock back on RF, Recover on LF

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