

Lonely Bieber

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 2 级数: Phrased Intermediate
编舞者: Chandrani Eilena Emmiyan (INA) - June 2024
音乐: Lonely - Justin Bieber & Benny Blanco



Thank you to Kak Nina, who has referred this beautiful song. Hopefully you love the dance ☐☐

Sequences : A A B – A A B – B

Intro: 16 Counts
No Tag - No Restart

PHRASED A : 32c

(1 – 8) SIDE STEP-SWAY (R L), 1/8 R RECOVER-HITCH, STEP DOWN, FULL TURN-SWEEP, 1/8 R COASTER STEP, 1/2 SWIVEL (WEIGHT ON R)

- 1-3 Step R to right side & sway, Recover onto L & sway, Turn 1/8 to right & recover onto R while hitching on L (1.30)
4-5 Step down on L a little bit forward, Full turn to right (weight on L) while sweeping R from front to back
6&7 Squaring to 3.00 & Step R back, Step L beside R, Step forward on R
8 Turn 1/2 to left (weight on R) bend R knee & lifting L toe off the floor (9.00)

(9 – 16) SPIRAL TURN TO RIGHT-RONDE, STEP, STEP-SWEEP, 1/4 DIAMOND, STEP, 1/4 LEFT LEAN ON R (PREPARE TO TURN)

- 1-3 Recover onto L while fully turning to right & lifting R a little bit on the air make a ronde, Step forward on R, Step forward on L while sweeping R from back to front
4&5 Cross R over L, Step L to left side, Turn 1/8 to right & step back on R (10.30)
6&7 Step back on L, Turn 1/8 to right & step R to right side (12.00), Turn 1/8 to right & step forward on L (1.30)
8 Turn 1/4 to left lean on R & prepare body to turn and see over left shoulder (10.30)

(17 – 24) 1/4 LEFT FORWARD, 1/2 LEFT-TOGETHER, BACK ROCK-RECOVER, 1/8 RIGHT STEP SIDE, BACK-SWEEP, BACK, 1/4 RIGHT FORWARD, STEP-HITCH, STEP DOWN

- 1-3 Turn 1/4 to left & step forward on L (7.30), Turn 1/2 to left & Step R beside L (1.30), Step back on L
4&5 Recover onto L, Turn 1/8 to right & step L to left side (3.00), Step R behind L while sweeping L from front to back
6&7-8 Step L behind R, Turn 1/4 to right & step forward on R (6.00), Step forward on L while hitching R, Put down on R a little bit forward

(24 – 32) 1/4 LEFT SIDE-SWAY (L R), BASIC NC, 3/4 SPIRAL TURN LEFT, FORWARD SHUFFLE, RECOVER-TOGETHER

- 1-2 Turn 1/4 to left step L to left side & sway (3.00), Recover onto R & sway
3-4& Big step to left side on L, Step R slightly behind L, Cross L over R
5 Turn 1/4 to left step R back & continue turn 1/2 to left (weight on R) make a little hook on L (6.00)
6&7 Step forward on L, Step R beside L, Step forward on L
8& Recover onto L, Step L beside R

PHRASED B: 16c

(1 – 8) GRAPE VINE TO LEFT (facing 12.00) POINT, 1/4 RIGHT FORWARD, 1/4 RIGHT TOGETHER, HOLD 1&2&3&4&5 Cross R over L, Step L to left side, Step R slightly behind L, Step L to left side, Cross R over L, Step L to left side, Step R slightly behind L, Step L to left side, Point R to right side (see over left shoulder)

6-8 Turn ¼ to right step forward on R (3.00), Turn ¼ to right step L beside R, Hold

(9 – 16) REPEAT THE MOVEMENTS ON COUNTS 1-8 (Facing 6.00)

Happy dancing

Dancing from the heart

E-mail: Chandranieilenaemmiyan@gmail.com

Facebook: Chandrani Eilena Emmiyan
