

Dan

拍数: 32 墙数: 4 级数: Improver
编舞者: Ivonne Woro (INA) - June 2024
音乐: Dan... - Sheila On 7



Intro : 32 Count

S1 : PIVOT ½ L, BACK SHUFFLE, ROCK BACK, SHUFFLE

1-2 Step R forward, ½ turn left step L in place (6.00)
3&4 ½ Turn left step R back, step L beside R, step R back (12.00)
5-6 Rock L back, recover on R
7&8 Step L Forward, step R beside L, step L Forward

S2 : ROCK R FORWARD, RECOVER, SWEEP, SAILOR STEP, ROCK L FORWARD, RECOVER, COASTER STEP

1-2 Rock R forward, recover on L while sweep R from front to back
3&4 ¼ Turn right step R back, step L to side, step R to side (03.00)
5-6 Rock L forward, recover on R
7&8 Step L back, Close R next to L, Step L Forward

S3 : ROCK R FORWARD, RECOVER, ¼ TURN RIGHT, SIDE CHASSE, CROSS ROCK, RECOVER, SIDE CHASSE

1-2 Rock R forward, recover on L
3&4 ¼ Turn right step R to side, step L beside R, step R to side (06.00)
5-6 Cross rock L over R, recover on R
7&8 Step L to side, step R beside L, step L to side

S4 : RIGHT ROCKING CHAIR, JAZZ BOX ¼ TURN RIGHT

1-2 Rock R forward, recover on L
3-4 Rock R back, recover on L
5-6 Cross R over L, ¼ turn right step L back
7-8 Step R to side, step L forward (09.00)

Restart on wall 8 after 16 count

Enjoy the Dance !!

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