

Spot

拍数: 80 墙数: 1 级数: Intermediate
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音乐: SPOT! (feat. JENNIE) - ZICO



Intro, 8 Count

Restarts,

Wall 2 & 4 after 64count

Wall 3 after 48count

Wall 5 after 32count and Ending

Sec. 1 Side Rock, Behind side cross, ¼ turn L, Sailor ¼ turn L

1 – 2 RF step to side, Recover on LF
3 & 4 RF step behind LF, LF step to side, Cross RF over LF
5 – 6 LF step to side, ¼ turn left recover on RF (weight on RF)
7 & 8 ¼ turn left step LF behind R, RF step to side, LF step forward

Sec. 2 Repeat Section 1

Sec. 3 Out – out, In – in, Forwad ½ Turn R, Back R L, Pony step

&1&2 RF step to side , LF step to side, RF back to center, LF close beside RF
3 – 4 RF step forward, ½ turn right LF step back
5 – 6 Step back RF, LF
7 & 8 RF step back hitching L-knee, Close LF next to R, Step R back hitching L-knee

Sec. 4 Repeat Section 3 with Left Foot

Sec. 5 Walk R L, Kick ball touch R L, Sailor ¼ Turn Right

1 – 2 Walk foward RF,LF
3 & 4 Kick RF forward, RF step together, Touch LF to side
5 & 6 Kick LF forward, LF step together, Touch RF to side
7 & 8 ¼ turn right step RF back, LF step side, RF step Forward

Sec. 6 Out – out, Back ¼ turn R cross, ¼ Turn L Walk L R, Heel Heel Forward Touch

&1&2 LF step to side, RF step to side, LF step back to center, ¼ Turn right cross RF over LF
3 – 4 ¼ turn L walk forward LF, RF
5&6& LF heel touch forward, LF close beside RF, RF heel touch forward, RF close beside LF
7 – 8 LF step large forward, RF touch beside LF

Sec. 7 Side Together side touch, ¼ turn L side together side touch, ¼ turn L side together side touch, ¼ turn L side together side touch

1&2& RF step to side, LF close beside R, RF step to side, LF touch beside LF
3&4& ¼ turn Left step LF to side, RF close beside LF, LF step to side, RF touch beside LF
5&6& ¼ turn Left step RF to side, LF close beside LF, RF step to side, LF touch beside RF
7&8& ¼ turn Left step LF to side, RF close beside LF, LF step to side, RF touch beside LF

Sec. 8 Rock forward R - L, Walk R - L, Pivot ½ Turn L

1 2 & LF rock forward, Recover weight RF, LF close beside RF
3 4 & RF rock forward, Recover weight LF, RF close beside LF
5 6 7 8 Walk foward RF - LF, RF step Forward, ½ Turn left step LF forward

Sec.9 Hitch-drop-hitch-drop- hitch- drop-hitch(Rf) repeat with Lf.

1&2& Rf knee up, drop Rf down, Lf knee up, drop Lf down
3&4& Rf knee up, drop Rf down, Rf knee up, drop Rf down
5&6& Lf knee up, drop Lf down, Rf knee up, drop Rf down
7&8& Lf knee up, drop Lf down, Lf knee up, drop Lf down

Sec.10 Reebook Step

1-2 ¼ turn Right step Rf forward Lf in hook shape, step Lf back R knee up
3&4 Step R forward, step Lf cross behind Rf, step Rf back with ½ turn Left
5-6 Step Lf forward Rf hook shape, step Rf back Lf knee up
7&8 Step Lf forward, Rf cross behind Lf, step Rf back with ½ turn Right

Have Fun !!
