

Se Te Sube

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Intermediate
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音乐: Se Te Sube (Zumba Mix) - Magic Juan



I. WALK, LOCK SHUFFLE FORWARD, SAMBA WHISK, 1/4 TURN L

1-2 Step forward Rf, Lf
3&4 Step Rf forward, StepLf behind Rf, Step Rf forward
5a6 Step Lf to left side, Rock cross Rf behind Lf, Recover on Lf
7a8 1/4 turn L Step Rf to right side, Rock cross Lf behind Rf, Recover on Rf

II. ROCKING CHAIR, 1/4 TURN L, ROLLING VINE CHASSE

1&2& Tap L heel forward, Recover on Rf, Tap L toe backward, Recover on Rf
3&4 1/4 turn L Tap L heel forward, Recover on Rf, Touch L toe backward
5-6 1/4 turn L Step Lf forward, 1/2 turn L step back on Rf
7&8 1/4 turn L Step Lf to left side, Step Rf next to Lf, Step Lf to left side

III. TOE TOUCH FORWARD, CLOSE FLICK, 1/2 PIVOT TURN L, LOCK SHUFFLE FORWARD

1-2 Touch R toe forward bring body slightly diagonal left, Step Rf next to Lf and flick on Lf
3-4 Touch L toe forward bring body slightly diagonal right, Step Lf next to Rf and flick on Rf
5-6 Step Rf forward 1/2 turn L weight on Lf
7&8 Step Rf forward, Cross Lf behind Rf, Step Rf forward

IV. ROCK FORWARD, COASTER, 1/4 TURN L SIDE, ROLLING VINE

1-2 Rock Rf forward, Recover on Lf
3&4 Step Rf back, Step Lf next to Rf, Step Rf forward
5-6 1/4 turn L Step Rf to right side, 1/4 turn L step Lf forward
7-8 1/2 turn L Step back on Rf, 1/4 turn L Step Lf to left side

Tag: on walls 2 & 6

WALK, SYNCOPATED LOCK CHA CHA, OUT OUT, HOLD

1-2 Step Forward Rt Lf
&3-&4 Step ball Rt Slightly Forward, step ballLf behind Rt, Step ball Lf slightly forward, step ball Rt behind Lf
&5&6 repeat
&7-8 Step Rt slightly diagonalRf, step Lf slightly diagonal Lf, hold

Restart 16 count on wall 5