Honey Boy



编舞者: Charles Alexander (SWE) - June 2024

音乐: Honey Boy (feat. Nile Rodgers & Shenseea) - Purple Disco Machine & Benjamin

Ingrosso



Intro: 32 counts, approx. 16 sec - 120 bpm

Sequence: A, A, A, B(x4), A, A, A16, B(x4), A, A16, B(x4)

Note: All styling is optional, but do feel free to add your own disco motions whenever you like!

Restart: During the 6th and 8th repetition of A, just dance until count 16 (end of skates and shuffles) then start with B.

PART A

[1 - 8] R CROSS POINT, SIDE, L CROSS POINT, SIDE, R BACK POINT, SIDE, L BACK POINT, SIDE

1-2 Point R over L. Step R to side.
3-4 Point L over R. Step L to side.
5-6 Point R behind L. Step R to side.
7-8 Point L behind R. Step L to side.

[9 - 16] SKATE R-L, R DIAGONAL SHUFFLE, SKATE L-R, L DIAGONAL SHUFFLE

1-2 Skate R to right diagonal. Skate L to left diagonal.

3&4 Step R diagonally forward. Step L beside R. Step R diagonally forward.

5-6 Skate L to left diagonal. Skate R to right diagonal.

7&8 Step L diagonally forward. Step R beside L. Step L diagonally forward (prep for rolling vine).

Opt. styling: Push R hand diagonally up right and L hand diagonally down left (1). Push L hand diagonally up left and R arm diagonally down right (2).

Push R hand diagonally up right and L hand diagonally down left (3). Push R hand diagonally up right and L hand diagonally down left (4).

Repeat 1-4, but use the opposite hands for 5-8.

[17 – 24] RIGHT ROLLING VINE, TOUCH, LEFT ROLLING VINE, TOUCH

1-4 1/4 turn right stepping R forward. 1/2 turn right stepping L back. 1/4 right stepping R to side.

Touch L beside R and clap.

5-8 1/4 turn left stepping L forward. 1/2 turn left stepping R back. 1/4 left stepping L to side.

Touch R beside L and clap.

Opt. styling: Roll hands in front of body during rolling vines.

[25 - 32] RIGHT V-STEP, STEP, ½ TURN, WALK R-L

1-2 Step R forward and out. Step L forward and out.

3-4 Step R back. Step L beside R.

5-6 Step R forward. ½ turn left taking weight on L. [6:00]

7-8 Step R forward. Step L forward.

Opt. styling: Jazz hands with fingers spread pushing up right (1), up left (2), down right (3), down left (4).

PART B (Always repeated 4 times in a row to end at the wall you started B at)

[1 - 8] CROSS, BACK 1/4 TURN, RIGHT CHASSÉ, LEFT JAZZ BOX, TOUCH

1-2 Cross R over L. Make 1/4 turn right and step L back. (9:00)

3&4 Step R to side. Step L beside R. Step R to side.

5-8 Cross L over R. Step R back. Step L to side. Touch R beside L and snap R hand beside right

hip.

[9 - 16] WALK R-L, KICK-OUT-OUT, HIP BUMPS L-R-L-R-L

1-2 Step R forward. Step L forward.

3&4 Kick R forward. Step R to side. Step L to side.5&6&7&8 Bump hips L-R-L-R-L, shifting weight onto left.

Opt. styling: With straight arm; point R index finger from left to right in front of body (5-8).