

Popular

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Improver
编舞者: Mike Liadouze (FR) & Jossuha MORIAU (FR) - June 2024
音乐: Popular (feat. Playboi Carti) (Music from the HBO Original Series The Idol) - The Weeknd & Madonna



Introduction: 16 counts

[1-8] WALK x2, HITCH ¼ L BALL POINT, ¼ L ROCK FORWARD w/ BODY ROLL, STEP, ¼ L TOUCH

1-2 Step RF forward, Step LF forward
3&4 ¼ turn L... Hitch R knee, Step RF side, Pointe LF side (9:00)
5&6 ¼ turn L... Rock LF forward with body roll from chest down, Recover on RF back (6:00)
7-8 Step LF forward, ¼ turn L... Touch R toe together (3:00)

[9-16] BALL CROSS, ROLLING VINE, CROSS ROCK, SHUFFLE ¼ L

&1-2 Step RF together, Cross LF over RF, ¼ turn R... Step RF forward (6:00)
3-4 ½ turn R... Step LF back, ¼ turn R... Step RF side (3:00)
5-6 Cross rock LF over RF, Recover on RF behind LF
7&8 ¼ turn L... Step LF forward, Step RF together, Step LF forward (12:00)

Option 7&8: ¼ turn L... Step LF forward, ½ turn L... Step RF back, ½ turn L... Step LF forward
Restart here on wall 4 (6:00) et on wall 9 (6:00)

[17-24] TOUCH STEP x2, MAMBO FORWARD, COASTER STEP, BRUSH HITCH POINT

&1&2 Touch R toe together, Step RF diagonally forward, Touch L toe together, Step LF diagonally forward
3&4 Rock RF forward, Recover on LF back, Step RF back
5&6 Step LF back, Step RF together, Step LF forward
7&8 Brush RF forward, Hitch R knee, Point R toe back

[25-32] MOONWALK POPPING R, ¼ R POPPING L, CROSS SHUFFLE, PADDLE ⅙ R x2, ROCK BACK

1 Push on R ball dragging LF flat back and take weight on LF popping R knee
2 ¼ turn R... Transfer weight on RF popping L knee (3:00)
3&4 Cross LF over RF, Step RF side, Cross LF over RF
5-6 ⅙ turn R... Point R toe side, ⅙ turn R... Point R toe side (6:00)
7-8 Rock RF back, Recover on LF forward

Have FUN !!□

Last Update: 14 Jun 2024