

Catch My Vibe

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Sandy Kerrigan (AUS) - June 2024
音乐: Vibe Check - LÒNIS & Little League : (iTunes)



**Dance Info: Dance starts wt on L– Dance starts on lyrics-16 counts in
No Tags or Restarts.**

Walk Fwd R, Walk Fwd L, Side Ball Change, Walk Fwd R, Fwd Rock Step, Shuffle Back on L 12:00

1 2 & 3 4 Walk Fwd R, Walk Fwd L, Ball of R to R Side, Replace wt to L, Walk Fwd R
5 6 7 & 8 Rock Fwd L, Replace Back to R, Step Back L, Step R next to L, Step Back on L

Back Rock Step, Shuffle Fwd, Step, Point, Step, Point 12:00

1 2 & 3 4 Rock Back R, Replace Fwd to L, Step Fwd R, Step L next to R, Step Fwd R
5 6 7 8 Step Fwd L, Point R Toe to R Side. Step Fwd R, Point L Toe to L Side

Turning Jazz Box ¼ L, Step Tap, Step Tap Together 9:00

1 2 3 4 Cross L over R, ¼ L-Step Back on R, Step L to L Side, Cross R over L
5 6 7 8 Step L to L Side, Tap R next to L, Step R to R Side, Tap L next to R

L Fwd V-Step, Step Fwd L-Slow ½ Step Turn R with shoulder shimmy-Flick you head back-wt on L

1 2 Step L out Fwd to L45°, Step R out Fwd to R45°
3 4 Step L Back to centre, Step R next to L
5 6 7 8 Step Fwd L, Slow ½ Step Turn R- Shimmy your shoulders/Flick your head backward on cnt
8-wt on L

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