

# Catch My Vibe

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Sandy Kerrigan (AUS) - June 2024  
音乐: Vibe Check - LÒNIS & Little League : (iTunes)



**Dance Info: Dance starts wt on L– Dance starts on lyrics-16 counts in  
No Tags or Restarts.**

## **Walk Fwd R, Walk Fwd L, Side Ball Change, Walk Fwd R, Fwd Rock Step, Shuffle Back on L 12:00**

1 2 & 3 4      Walk Fwd R, Walk Fwd L, Ball of R to R Side, Replace wt to L, Walk Fwd R  
5 6 7 & 8      Rock Fwd L, Replace Back to R, Step Back L, Step R next to L, Step Back on L

## **Back Rock Step, Shuffle Fwd, Step, Point, Step, Point 12:00**

1 2 & 3 4      Rock Back R, Replace Fwd to L, Step Fwd R, Step L next to R, Step Fwd R  
5 6 7 8      Step Fwd L, Point R Toe to R Side. Step Fwd R, Point L Toe to L Side

## **Turning Jazz Box ¼ L, Step Tap, Step Tap Together 9:00**

1 2 3 4      Cross L over R, ¼ L-Step Back on R, Step L to L Side, Cross R over L  
5 6 7 8      Step L to L Side, Tap R next to L, Step R to R Side, Tap L next to R

## **L Fwd V-Step, Step Fwd L-Slow ½ Step Turn R with shoulder shimmy-Flick you head back-wt on L**

1 2      Step L out Fwd to L45°, Step R out Fwd to R45°  
3 4      Step L Back to centre, Step R next to L  
5 6 7 8      Step Fwd L, Slow ½ Step Turn R- Shimmy your shoulders/Flick your head backward on cnt  
8-wt on L

[32]