

Nassau

拍数: 32 墙数: 4 级数: Easy Intermediate
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音乐: Nassau - Shakira : (YouTube Music/ Apple Music)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

Intro: 16 counts

[S1] Fwd, 1/2L, Back-Lock-Back, Back-Lock-Back, Coaster Step

1 2 Step forward on L, Make a ½ turn left stepping back on R (6:00)
3&4 Step back on L, Lock/cross R over L, Step back on L
5&6 Step back on R, Lock/cross L over R, Step back on R
7&8 Step back on L, Step R next to L, Step forward on L

[S2] Cross-Samba, Cross-Samba, Fwd-Samba 3/8R, Fwd Press-Recover

1&2 Cross R over L, Rock L to the side, Replace weight on R
3&4 Cross L over R, Rock R to the side, Replace weight on L
5&6 Step forward on R, Make a ¼ turn right stepping/rock L to the side, Making a ½ turn right
replace weight on R (10:30)
7 8 Rock forward on L, Replace weight on R/ push back

[S3] Diamond Turn, 1/8L Coaster Step

1&2 Step forward on L, Make a ⅛ turn left stepping R to the side, Make a ⅛ turn left stepping
back on L (7:30)
3&4 Make a ⅛ turn left stepping back on R, Make a ⅛ turn left stepping L to the side, Make a ⅛
turn left stepping forward on R (3:00)
5&6 Make a ⅛ turn left stepping forward on L, Make a ⅛ turn left stepping R to the side, Make a
⅛ turn left stepping back on L (10:30)
7&8 Make a ⅛ turn left stepping back on R, Step L beside R, Step forward on R (9:00)

[S4] Fwd, Twist 1/4R, Triple Turn 3/4L, Side, Rock Back, Side, Sit Back w/ Knee Pop

1 2 Step forward on L, Twist body/make a ¼ turn right weight on R (12:00)
3&4 Make a ¼ turn left stepping forward on L, Make a ¼ turn left stepping R beside L, Make a ¼
turn left stepping L next to R (3:00)
5 6& Step R to the side, Rock back on L, Replace weight on R
7 8 Step L to the side, Step/sit back on R with L knee pop

TAG: 16 Counts Tag at the end of Wall 3 (9:00)

[S1] Fwd, 1/2L, Back, Drag, Back Rock, Fwd, Fwd

1 2 Step forward on L, Make a ½ turn left stepping back on R (3:00)
3 4 Step back on L, Drag R close to L
5 6 Rock back on R, Replace weight on L
7 8 Walk forward on R-L

[S2] Fwd, 1/2R, Back, Drag, Back Rock, Fwd, Fwd

1 2 Step forward on R, Make a ½ turn right stepping back on L (9:00)
3 4 Step back on R, Drag L close to R
5 6 Rock back on L, Replace weight on R
7 8 Walk forward on L-R

Ending: The last wall finishes facing 9:00 o'clock. Do the 16-count tag, then make a ¼ turn right, stepping left to the side (12:00).

