

Cruising for Bruising

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4
编舞者: Kenny Teh (MY) - June 2024
音乐: Cruising for Bruising - Basia

级数: High Beginner



Start dance on vocals

Section 1:

1 2 3 4 Step L to left, step R together, $\frac{1}{4}$ right turn step L forward (3.00), hold
5 6 7 8 $\frac{1}{4}$ left turn step R (12.00), cross L behind R step R to right, touch L

Section 2:

1 2 3 4 Step L to left, step R together, step L to left, hold
5 6 7 8 Rock R back, recover L, step R to right, hold

Section 3:

1 2 3 4 Cross L behind R, step R to right, cross L over R, sweep R from back to front
5 6 7 8 Cross R over L, step L to left, cross R behind L, sweep L from front to back

Section 4:

1 2 3 4 Cross L behind R, step R to right, cross L over R, sweep R from back to front
5 6 7 8 Step R to right, step L together, step R to right, hold

Section 5:

1 2 3 4 Make a full right turn stepping LRL, hold (12.00)
5 6 7 8 Make a full left turn stepping RLR, hold (12.00)

Section 6:

1 2 3 4 Make a half right turn stepping LRL, hold (6.00)
5 6 7 8 Make a half right turn stepping RLR, hold (12.00)

Section 7:

1 2 3 4 Rock L forward, recover R, step L together, hold
5 6 7 8 Touch R to right, touch R together, touch R to right, hold

Section 8:

1 2 3 4 $\frac{1}{4}$ left turn step R to right (9.00), recover L, step R together, hold
5 6 7 8 Touch L to left, touch L together, touch L to left, hold

No tag No restart