

Jerusalema Very Easy

COPPERKNOB
STEPSHEETS

拍数: 24 墙数: 4 级数: Absolute Beginner
编舞者: Shanthie De Mel (AUS) - June 2024
音乐: Jerusalema (feat. Nomcebo Zikode) - Master KG : (iTunes / Amazon)



**Intro: Start the dance after 32 counts. Left Sequence. No Tags or Restarts.
Smile! Take the Jerusalema challenge!**

(1-8) HEEL BOUNCES LEFT x3. STEP. HEEL BOUNCES RIGHT x3. STEP.

1 - 4 Stepping on L toe bounce L heel three times. Step on L.

5 - 8 Stepping on R toe bounce R heel three times. Step on R. (12:00)

Optional styling:

* Bump hips with each heel bounce left & right.

* Wave opposite arm lariat style.

(9-16) HEEL. TOGETHER x2. WALK FORWARD. 1/4 LEFT TURN.

1, 2 Touch L heel forward. Step L together.

3, 4 Touch R heel forward. Step R together. (12:00)

5, 6, 7 Walk forward L-R-L

8 Turning 1/4 left step R to right side. (9:00)

Optional styling: Swing opposite arms to feet, on walk forward.

(17-24) VINE LEFT. WALK BACK.

1, 2 Step L to left side. Cross R behind L.

3, 4 Step L to left side. Step R besides L.

5-8 Walk back L-R-L-R. (9:00)

Optional styling: Shimmy shoulders with each back step on L.

BEGIN SEQUENCE AGAIN FACING NEW WALL.

HISTORICAL NOTE: Jerusalema the song, is a South African song of prayer. In November 2019 Nomcebo Zikode, singer/songwriter, together with Master KG, a South African DJ & music producer, recorded the track 'Jerusalema'. She sang in Zulu. In February 2020, the Angolan dance troupe Fenómenos do Semba created the dance in a backyard in Luanda, Angola, South-West Africa. The song & dance quickly became a symbol of hope amidst the fear & isolation brought by the Pandemic of Covid-19. Jerusalema became more than just a dance. It celebrated survivors & united countries in hope to overcome the Pandemic in the form of international challenges! It now has thousands of repetitive routines. I have choreographed the dance to fit the sequence of the original dance. Hope you take the challenge & do your own styling!