

No Eres Para Mi

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Imam Wahyudi (INA) - June 2024
音乐: Te Irá Mejor Sin Mí - Joan Sebastian



Intro: 28 counts, the dance starts with the words (SIN MI)

2X tag. at the end of wall 4 & 8 facing (12:00) & 2X restart on wall 3 & 7 after 24 counts facing (9:00)

SEC.I - RUMBA BOX

- 1- Step LF fwd
- 2- Hold
- 3- Step RF to Right side
- 4- Close LF beside RF
- 5- Step RF back
- 6- Hold
- 7- Step LF to Left side
- 8- Close RF beside LF

SEC.II - STEP 1/4 TURN LEFT, SWEEP FWD, WEAVE, SWEEP BWD, CROSS BEHIND, STEP 1/4 TURN RIGHT

- 1- Step 1/4 turn Left stepping LF fwd
- 2- While sweeping RF from back to front
- 3- Cross RF over LF
- 4- Step LF to Left side
- 5- Cross RF behind LF
- 6- While sweeping LF from front to back
- 7- Cross LF behind RF
- 8- Step 1/4 turn Right Stepping RF fwd (weight on RF)

SEC.III - SIDE ROCK, CROSS HOLD, 3/4 TURN LEFT, STEP FWD HOLD

- 1- Step LF to Left side
- 2- Recover on RF
- 3- Cross LF over RF
- 4- Hold
- 5- Step back 1/4 turn Left stepping RF back
- 6- Make a 1/2 turn Left stepping LF fwd
- 7- Step RF fwd
- 8- Hold

RESTART HERE ON WALL 3 & 7 FACING (9:00)

SEC.IV- PIVOT 1/2 TURN RIGHT 2X, ROCKING CHAIR

- 1- Step LF fwd
- 2- Pivot 1/2 turn Right
- 3- Step LF fwd
- 4- Pivot 1/2 turn Right (weight on RF)
- 5- Step LF fwd
- 6- Recover on RF
- 7- Step LF back
- 8- Recover on RF (weight on RF)

Begin again

TAG: HIP SWAYS (1-4)

- 1- Step LF slightly to Left side swaying hips Left
- 2- Sway hips Right
- 3- Sway hips Left
- 4- Sway hips Right (weight on RF)

Finish on the 9th wall after the second tag & continue 8 counts on the first section.

Note: As a closing on the 9th wall after tag secondly, you can do 8 counts of freestyle as a finish.

Enjoy & have fun!

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