

I Grew Up on a Farm

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Sigg Gudenus (DE) - June 2024
音乐: I Grew Up On a Farm - The Reklaws



Note: The dance starts after 32 counts shortly after the singing begins.

S1: Step lock step, hold, heel – toe - heel – hook l.

- 1-2 RF step forward, cross LF behind RF
- 3-4 RF step forward, hold
- 5-6 tap left heel forward, tap left toe backward
- 7-8 tap left heel forward, bend left leg in front of right leg

S2: Step lock step, hold, heel – toe – heel – hook r.

- 1-8 Same as S1, but start with LF

Restart: At the 4th wall (6:00) stop here and start the dance from the beginning.

S3: Step, touch behind, back, kick, behind, side, cross, hold

- 1-2 RF step forward, tap LF behind RF
- 3-4 LF step back, kick RF forward
- 5-6 cross RF behind LF, LF step to the left
- 7-8 cross RF in front of LF, hold

S4: Side, touch, side, kick, behind, side, cross, hold

- 1-2 LF step to the left, tap RF next to LF
- 3-4 RF step to the right, kick LF forward
- 5-6 cross LF behind RF, RF step to the right
- 7-8 cross LF in front of RF, hold

Tag/Restart: At the 7th wall dance here the Tag and then start the dance from the beginning.

S5: Toe strut backward with ¼ turn l., toe strut forward with ½ turn l., rock step, back, hold

- 1-2 ¼ turn to the left tap right toe backward, put RF down there (9:00)
- 3-4 ½ turn to the left tap left toe forward, put LF down there (3:00)
- 5-6 RF step forward, slightly raise LF and weight back onto LF
- 7-8 RF step back, hold

S6: Back lock back, hook, step, close, swivel r.

- 1-2 LF step back, cross RF in front of LF
- 3-4 LF step back, bend right leg in front of left leg
- 5-6 RF step forward, LF next to RF
- 7-8 turn right toe to the right and at the same time turn left heel to the left, turn straight both feet

S7: Monterey ¼ turn r., heel – close r./l.

- 1-2 tap right toe to the right, ¼ turn to the right RF next to LF (6:00)
- 3-4 tap left toe to the left, LF next to RF
- 5-6 tap right heel forward, RF next to LF
- 7-8 tap left heel forward, LF next to RF

S8: Step, flick, back, hook, heel strut r./l.

- 1-2 RF step forward, bend left leg behind right leg
- 3-4 LF step back, bend right leg in front of left leg
- 5-6 tap right heel forward, put RF down there
- 7-8 tap left heel forward, put LF down there

Tag: Toe strut side r., toe strut l.

1-2 tap right toe to the right, put RF down there

3-4 tap left toe forward, put LF down there

Dance, Have Fun & Smile!
