

Bigger Than Life

拍数: 128 墙数: 2 级数: Phrased Intermediate
编舞者: José Miguel Belloque Vane (NL) & Gregory Danvoie (BEL) - June 2024
音乐: Larger Than Life (feat. Benji Jackson) - Pinkzebra



PART A (always facing 12:00)

SEC 1 Toe strut X2, rocking chair

1-2 RF touch to the R diagonal, RF step next to LF (01:30)
3-4 LF touch to the R diagonal, LF step next to RF (01:30)
5-6 RF rock forward, recover on LF (01:30)
7-8 RF rock back, recover on LF (01:30)

SEC 2 Toe strut X2, step fwd, pivot ¼ turn, step fwd, hold

1-2 RF touch to the R diagonal, RF step next to LF (01:30)
3-4 LF touch to the R diagonal, LF step next to RF (01:30)
5-6 RF step forward, pivot with ¼ turn to the L (10:30)
7&8 RF step forward, hold (10:30)

SEC 3 Toe strut X2, rocking chair

1-2 LF touch to the L diagonal, LF step next to RF (10:30)
3-4 RF touch to the L diagonal, RF step next to LF (10:30)
5-6 LF rock forward, recover on RF (10:30)
7-8 LF rock back, recover on RF (10:30)

SEC 4 Toe strut X2, step fwd, pivot 3/8 turn, step fwd, hold

1-2 LF touch to the L diagonal, LF step next to RF (10:30)
3-4 RF touch to the L diagonal, RF step next to LF (10:30)
5-6 LF step forward, pivot with 3/8 turn to the R (03:00)
7-8 LF step forward, hold (03:00)

SEC 5 Step forward X3, hold, mambo forward, hold

1-2 RF step forward, LF step forward (03:00)
3-4 RF step forward, hold (03:00)
5-6 LF rock forward, recover on RF (03:00)
7-8 LF step back, hold (03:00)

SEC 6 coaster step, hold, step fwd, pivot ¼ turn, cross over, hold

1-2 RF step back, LF step next to RF (03:00)
3-4 RF step forward, hold (03:00)
5-6 LF step forward, pivot with ¼ turn to the R (06:00)
7-8 LF cross over RF, hold (06:00)

SEC 7 Side touch, touch, side-step & drag, rock back, recover, side-step & drag

1-2 RF touch to the R side, RF touch next to LF (06:00)
3-4 RF big step to the R side & drag L next to RF (06:00)
5-6 LF rock back, recover on RF (06:00)
7-8 LF big step to the L side & drag R next to LF (06:00)

SEC 8 Rock back, recover, step forward, hold, together, body roll

1-2 RF rock back, recover on LF (06:00)
3-4 RF step forward, hold (06:00)
5 LF step next to RF (06:00)

6-7-8 Body roll (06:00)

PART B (always facing 06 :00)

SEC 1 Kick, behind, side, cross; X2

1-2 RF kick to the R side, RF cross behind LF
3-4 LF step to the L side, RF cross over LF
5-6 LF kick to the L side, LF cross behind RF
7-8 RF step to the R side, LF cross over RF

SEC 2 Monterey ¼ turn X2

1-2 RF point to the R side, RF step next to LF with ¼ turn to the R
3-4 LF point to the L side, LF step next to RF
5-6 RF point to the R side, RF step next to LF with ¼ turn to the R
7-8 LF point to the L side, LF step next to RF

SEC 3 Rocking chair, toe strut X2

1-2 RF rock forward, recover on LF
3-4 RF rock back, recover on LF
5-6 RF touch forward, RF step next to LF
7-8 LF touch forward, LF step next to RF

SEC 4 Rocking chair, step forward, pivot ½ turn, stomp X2

1-2 RF rock forward, recover on LF
3-4 RF rock back, recover on LF
5-6 RF step forward, pivot with ½ turn to the L
7-8 RF stomp forward, LF stomp next to RF

***B'**

SEC 5 Step forward, touch, step back touch, shuffle back, touch

1-2 RF step forward to the R diagonal, LF touch next to RF
3-4 LF step back to the L diagonal, RF touch next to LF
5-6 RF step back to the R diagonal, LF step next to RF
7-8 RF step back to the R diagonal, LF touch next to RF

SEC 6 Step back, touch, step forward, touch, shuffle forward, scuff

1-2 LF step back to the L diagonal, RF touch next to LF
3-4 RF step forward to the R diagonal, LF touch next to RF
5-6 LF step forward to the L diagonal, RF step next to LF
7-8 LF step forward to the L diagonal, RF scuff

SEC 7 Slow jazz box ¼ turn

1-2 RF cross over LF, hold
3-4 LF step back with ¼ turn to the R, hold
5-6 RF step to the R side, hold
7-8 LF step forward, hold

SEC 8 Slow jazz box ¼ turn

1-2 RF cross over LF, hold
3-4 LF step back with ¼ turn to the R, hold
5-6 RF step to the R side, hold
7-8 LF step forward, hold

TAG 1 :

1-2 RF step to the R side, LF touch next to RF (12:00)

3-4 LF step to the L side with $\frac{1}{4}$ turn to the L, RF touch next to LF (09:00)
5-6 RF step to the R side, LF touch next to RF (09:00)
7-8 LF step to the L side with $\frac{1}{4}$ turn to the L, RF touch next to LF (06:00)

1-2 RF step to the R side, LF touch next to RF (06:00)
3-4 LF step to the L side with $\frac{1}{4}$ turn to the L, RF touch next to LF (03:00)
5-6 RF step to the R side, LF touch next to RF (03:00)
7-8 LF step to the L side with $\frac{1}{4}$ turn to the L, RF touch next to LF (12:00)

TAG 2 :

2 hold count

TAG 3 :

RF cross over LF, hold time during 3 counts and turn $\frac{1}{2}$ turn to the L

FINAL :

You can hear the lyrics: You know you could Raise right palm forward and finish with right thumb forward

PHRASING : A – B – TAG 1 – A – B – A – TAG 2 – B – A – B* - TAG 3 – A – B - FINAL
