I'm Not Pretty



拍数: 52 编数: 2 级数: Phrased High Improver

编舞者: April Piniella (USA) - June 2024 音乐: I'm Not Pretty - Megan Moroney



Sequence: A,A,A,B,B,A,A,Bx6 (No tags or restarts!)

Intro - 16 Counts

PART A (16 counts) (2 wall)

I Cross-Side Rocks (X4)

1& 2	Cross R foot over L (1), rock step L to side (&), recover R (2)
3& 4	Cross L foot over R (3), rock step R to side (&), recover L (4)
5& 6	Cross R foot over L (5), rock step L to side (&), recover R (6)
7& 8	Cross L foot over R (7), rock step R to side (&), recover L (8)

II Step Forward R Pivot (1/2) L, Walk Forward R-L, Hip Bumps R & L

1-2 Step forward on R (1), pivot 1/2 L (wt. to L) (2) 6:00 wall

3-4 Walk forward R (3) - L (4)

5-8 Step R to side bumping hips twice to the R (5-6)* bumps hips to L (weight on L) (7-8) *

(*option: you can do sways instead of hip bumps if you prefer)

PART B (36 counts) (2 Wall)

**PLEASE NOTE THAT BECAUSE OF THE EXTRA 4 COUNTS, YOU WILL BE OFF FROM THE MUSIC WHEN YOU COMPLETE PART B THE FIRST TIME, BUT YOU WILL MATCH BACK UP TO THE MUSIC WHEN YOU COMPLETE PART B THE SECOND TIME.

I R Sailor, L Sailor, Left Pivot Turn, Right Triple Fwd.

1& 2	Step R behind L (1), step L to side (&), step R to side (2)
3& 4	Step L behind R (3), step R to side (&), step L to side (4)
5-6	Step forward R (6), pivot 1/2 left (weight to L) (6) 12:00 wall
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7& 8 Triple fwd. R (7), L (&), R (8)

II Rock Forward L-Recover R, Left Turning Triple Step, Weave to Left

1-2 Rock L (1), recover R (2)

3& 4 Triple step turning 1/4 turn to left – L (3), R (&), L (4) 9:00 wall

5-8 Cross R over (5), step L to side (6), cross R behind L (7), step L to side (8)

III Step R Forward-Sweep L, Crossing Triple, Gliding Step Touch W/ 1/4 L Turn

1-2	Step R fwd.	(1)	sween I	foot	back to	front (2)
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3& 4 Cross L over R (3), step R to side (&), cross L over R (4)

5-6 Step side R (5), drag and touch L beside R (6),

7-8 Turn 1/4 L stepping side L (7), drag and touch R beside L (8) 6:00 wall

IV Continuation of Gliding Step Touches in a Box, Rocking Chair

1-2	Turn 1/4 L stepping side R (1), drag and touch L beside R (2), 3:00 wall
3-4	Turn 1/4 L stepping side L (3) drag and touch R beside L (4) 12:00 wall

5-6 Rock fwd. R (5), recover L (6)7-8 Rock back R (7), recover L (8)

V R Kick Ball Change (X2)

1& 2	Kick R, ball R, step L
3& 4	Kick R, ball R, step L

*AT END OF DANCE, AFTER COUNT 20, YOU WILL BE FACING FRONT DOING A CROSSING TRIPLE. IF YOU WANT TO END WITH A FLOURISH AS THE MUSIC FADES AWAY, YOU CAN TAKE A BIG STEP TO THE RIGHT WITH YOUR RIGHT FOOT AND SLIDE YOUR LEFT TOWARDS IT SLOWLY.

I hope you enjoy! If you have any questions, please email me at aprildaisyviolet@gmail.com.

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