Dear Mama



拍数: 32 编数: 2 级数: High Intermediate

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Intro: 8 counts (after 8 seconds)

| Step, 1/2 Pivot 1-2 | w/ Sweep, Cross Twinkle, Weave, Side Drag, 1/4 Drag, Step 1/2 Back, Back 1/2 Forward |
|--|--|
| 1-2 3&a | Step L forward (1), Pivot 1/2 R sweeping L from back to front (2) [6:00] Cross L over R (3), Rock R to R side (&), Recover weight to L (a) |
| 3&а 4&а | Cross R over L (4), Step L to L side (&), Cross R behind L (a) |
| 5-6 | Step L to L side as you drag R (5), Make 1/4 R stepping R forward as you drag L (6) [9:00] |
| 7&a | Step L to L side as you drag K (5), wake 1/4 K stepping K forward as you drag L (6) [9.00] Step L forward (7), Make 1/2 L stepping R back (&) [3:00], Step L back (a) |
| | |
| 8&a | Step R back (8), Make 1/2 L stepping L forward (&) [9:00], Step R forward (a) |
| Sweep 1/8, Cro | ess Back 1/2, Rock Recover w/ Hook, Low Kick 1/2, Reverse 1/2, 1/8 Point, 1/8 w/ Figure 4 |
| 1 | Step L forward as you sweep R from back to front making 1/8 L (1) [7:30] |
| 2&a | Cross R over L (2), Step L back (&), Make 1/2 R stepping R forward (a) [1:30] |
| 3-4 | Rock L forward (3), Recover on R hooking L heel across R shin as you look over R shoulder (4) |
| 5 | Step L forward as you make 1/2 L extending R leg back into a low kick (5) [7:30] |
| 6&a | Step R back (6), Make 1/2 L stepping L forward (&) [1:30], Step R forward (a) |
| 7& | Make 1/8 L stepping L forward (7) [12:00], Point R to R (&) (it will feel like a hold on the 'a' count) |
| 8 | Make 1/8 L rocking R across L as you hitch L knee up/out into a Figure 4 (8) [10:30] *Ending |
| | |
| 1/8 Side Rock, | 1/8 Coaster Step, Full Spiral, Step w/ Sweep, Fallaway 1/2 Turn, Walk x2 |
| 1/8 Side Rock, 1&a | 1/8 Coaster Step, Full Spiral, Step w/ Sweep, Fallaway 1/2 Turn, Walk x2 Step L back (1) Make 1/8 R rocking R to R (&) [12:00], Recover weight to L (a) |
| | |
| 1&a | Step L back (1) Make 1/8 R rocking R to R (&) [12:00], Recover weight to L (a) |
| 1&a 2&a | Step L back (1) Make 1/8 R rocking R to R (&) [12:00], Recover weight to L (a) Make 1/8 R stepping R back (2) [1:30], Close L next to R (&), Step R forward (a) Step L forward and spiral full turn over R (3) [1:30], Step R forward as you sweep L from back to front (4) Cross L over R (5), Step R to R as you start to make 1/4 L (&), Complete 1/4 L stepping L |
| 1&a 2&a 3-4 | Step L back (1) Make 1/8 R rocking R to R (&) [12:00], Recover weight to L (a) Make 1/8 R stepping R back (2) [1:30], Close L next to R (&), Step R forward (a) Step L forward and spiral full turn over R (3) [1:30], Step R forward as you sweep L from back to front (4) Cross L over R (5), Step R to R as you start to make 1/4 L (&), Complete 1/4 L stepping L back (a) [10:30] Step R back (6), Step L to L as you start to make 1/4 L (&), Complete 1/4 L stepping R |
| 1&a 2&a 3-4 5&a | Step L back (1) Make 1/8 R rocking R to R (&) [12:00], Recover weight to L (a) Make 1/8 R stepping R back (2) [1:30], Close L next to R (&), Step R forward (a) Step L forward and spiral full turn over R (3) [1:30], Step R forward as you sweep L from back to front (4) Cross L over R (5), Step R to R as you start to make 1/4 L (&), Complete 1/4 L stepping L back (a) [10:30] |
| 1&a 2&a 3-4 5&a 6&a 7-8 | Step L back (1) Make 1/8 R rocking R to R (&) [12:00], Recover weight to L (a) Make 1/8 R stepping R back (2) [1:30], Close L next to R (&), Step R forward (a) Step L forward and spiral full turn over R (3) [1:30], Step R forward as you sweep L from back to front (4) Cross L over R (5), Step R to R as you start to make 1/4 L (&), Complete 1/4 L stepping L back (a) [10:30] Step R back (6), Step L to L as you start to make 1/4 L (&), Complete 1/4 L stepping R forward (a) [7:30] Walk forward R (8) |
| 1&a 2&a 3-4 5&a 6&a 7-8 | Step L back (1) Make 1/8 R rocking R to R (&) [12:00], Recover weight to L (a) Make 1/8 R stepping R back (2) [1:30], Close L next to R (&), Step R forward (a) Step L forward and spiral full turn over R (3) [1:30], Step R forward as you sweep L from back to front (4) Cross L over R (5), Step R to R as you start to make 1/4 L (&), Complete 1/4 L stepping L back (a) [10:30] Step R back (6), Step L to L as you start to make 1/4 L (&), Complete 1/4 L stepping R forward (a) [7:30] Walk forward L (7), Walk forward R (8) d Full Turn w/ Sweep, Cross Back 1/8, Weave, Sway x2, Step Back w/ Drag, Coaster Step Step forward L (&), Lock R behind L (1), Unwind Full Turn R sweeping L from back to front |
| 1&a 2&a 3-4 5&a 6&a 7-8 (&) Lock Unwin | Step L back (1) Make 1/8 R rocking R to R (&) [12:00], Recover weight to L (a) Make 1/8 R stepping R back (2) [1:30], Close L next to R (&), Step R forward (a) Step L forward and spiral full turn over R (3) [1:30], Step R forward as you sweep L from back to front (4) Cross L over R (5), Step R to R as you start to make 1/4 L (&), Complete 1/4 L stepping L back (a) [10:30] Step R back (6), Step L to L as you start to make 1/4 L (&), Complete 1/4 L stepping R forward (a) [7:30] Walk forward L (7), Walk forward R (8) d Full Turn w/ Sweep, Cross Back 1/8, Weave, Sway x2, Step Back w/ Drag, Coaster Step Step forward L (&), Lock R behind L (1), Unwind Full Turn R sweeping L from back to front (2) [7:30] |
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Ending – On Wall 5, dance up to and including count 16 (Figure 4), and cup eyes with R hand as if looking into the distance ("Look at us now")