

Memory Lane

拍数: 32 墙数: 1
编舞者: Jody Huberty (USA) - June 2024
音乐: Memory Lane - Old Dominion

级数: Absolute Beginner



No Tags, No Restarts

Start dancing after 2 counts of 8

WALK, WALK, WALK, KICK, BACK, BACK, BACK, TOUCH (1-8)

- 1-3 Walk forward, R,L,R
- 4 Kick Left foot forward and low
- 5-8 Walk backwards, L,R,L, Touch Right foot next to Left foot

4 PADDLE TURNS, ¼ TURN TO THE LEFT (9-16)

- 1-2 Right foot forward, swivel Right foot and turn ¼ left
- 3-4 Right foot forward, swivel Right foot and turn ¼ left
- 5-6 Right foot forward, swivel Right foot and turn ¼ left
- 7-8 Right foot forward, swivel Right foot and turn ¼ left

Vine (X2) (17-24)

- 1-4 Step Right foot to the right, step Left foot behind Right foot, step Right foot to the right, touch Left foot next to Right foot
- 5-8* Step Left foot to the left, step Right foot behind Left foot, step Left foot to the left, touch Right foot next to Left foot

K STEP WITH 4 CLAPS (25-32)

- 1-4 Step Right foot forward to right diagonal (1), touch Left foot to Right foot and clap (2), step Left foot back to the home position (3), touch Right foot to left foot and clap (4)
- 5-8 Step Right foot back to right diagonal (1), touch Left foot to Right foot and clap (2), Step Left foot back to the home position (3), step Right foot to Left foot and clap (4), (weight on Left foot)

***For advance beginners, you can do a rolling vine on (5-8).**

Repeat Dance

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Last Update: 3 Oct 2024
