

Sugar Time

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Liz Atkinson (USA) - June 2024
音乐: Sugartime (Kennedy Remix) - Johnny Cash



#16 count intro

S1: MAMBOS: FWD, BACK, R SIDE, L SIDE

1 & 2 Rock fwd onto RF, recover LF, step RF beside LF
3 & 4 Rock back onto LF, recover RF, step LF beside RF
5 & 6 Rock RF to R side, recover LF, step RF beside LF
7 & 8 Rock LF to L side, recover RF, step LF beside RF

S2: SHUFFLE FWD, 1/2R PIVOT, SHUFFLE FWD, 1/2L PIVOT

1 & 2 Step RF fwd, step LF beside RF, step RF fwd
3, 4 Step LF fwd, turn 1/2R finishing with weight on RF (6:00)
5 & 6 Step LF fwd, step RF beside LF, step LF fwd
7, 8 Step RF fwd, turn 1/2L finishing with weight on LF (12:00)

S3: FWD, TOUCH, BACK, COASTER STEP, FWD, TOUCH, BACK, COASTER CROSS

1 & 2 Step RF fwd, touch LF behind RF, step LF back
3 & 4 Step RF back, step LF beside RF, step RF fwd*
5 & 6 Step LF fwd, touch RF behind LF, step RF back
7 & 8 Step LF back, step RF beside LF, step LF slightly over RF*

***Newer students may substitute the coaster steps for: Cha-cha-cha in place**

S4: CHASSE' R, ROCK BACK (LINDY R), CHASSE' L, 1/4R ROCK BACK (LINDY L 1/4R)

1 & 2 Step RF to R side, step LF beside RF, step RF to R side
3, 4 Rock onto LF behind RF, recover RF
5 & 6 Step LF to L side, step RF beside LF, step LF to L side
7, 8 1/4R rock onto RF behind LF, recover LF (3:00)

***Tag – at the end of 3rd sequence, facing 9:00**

Add 2 counts - Stomp RF, stomp LF

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