

Acapella

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: PRV
编舞者: Pep Morro (ES) - May 2024
音乐: Acapella (feat. Fito Blanco & Frankie J) - MIKOLAS



Tags : walls 0, 2, 4

TAG

[1- 8]: slow sway x2, 4 caderas

- 1 - Weight in LF and with the index finger pointing forward
- 2 - HOLD
- 3 - Weight in RF and we pointing us
- 4 - HOLD
- 5 - Hips bump left
- 6 - Hips bump right
- 7 - Hips bump left
- 8 - Hips bump right

[9-18]: Slow sways, Hips rolls

- 1 - Weight on LF and we pointing us
- 2 - HOLD
- 3 - Weight on RF with the index finger pointing forward
- 4 - HOLD
- 5-8 Hips roll from left to right
- 9 Quick hip roll
- 10 Quick Hip roll

[1-8]: BASIC SAMBA x2, FULL TURN, STEP CROSS STEP.

- 1 LF step to left
- & RF Cros back
- 2 LF step in place
- 3 RF step to Right
- & LF Cross back
- 4 RF step in place
- 5 LF step to Left & turn 1/4 to left (9:00)
- & RF turn 1/4 to Left and step right (6:00)
- 6 LF turn 1/4 to Left step in place (3:00)
- 7 RF turn 1/4 and step Right (12:00)
- & LF cross back to right
- 8 RF step right to right

[9-16]: BOTAFOGOS x2, 1/2 DIAMANTE

- 1 LF step diagonal to right (1:30)
- & RF step side right (12:00)
- 2 LF step in place turning 1/8 (10:30)
- 3 RF Step diagonal to left (10:30)
- & LF step side left (12:00)
- 4 RF step in place turning 1/8 (1:30)
- 5 LF Cross ahead of the right (1:30)
- & RF step to Right (12:00)

- 6 LF Cross from behind the right (10:30)
- 7 RF Cross from behind the Left (10:30)
- & LF step to left (9:00)
- 8 RF Cross ahead of the Left (9:00)

[17-24]: UNDWIND, CROSS SHUFFLE x2, COASTER STEP.

- 1 turning to left 1/4 don't move your feet. (6:00)
- 2 turning to left 1/4 and wight on the LF. (3:00)
- 3 RF cross ahead of the left
- & LF Step to left
- 4 RF Cross ahead of the left
- 5 LF 1/2 turn to left and cross ahead the. Right (9:00)
- & RF Step to right
- 6 LF Cross ahead of the Right
- 7 RF Step back
- & LF step together
- 8 Rf Step forward

[25-32]: ROCK, SHUFFLE MEDIA VUELTA, ROCK, SLIDE.

- 1 LF Step forward
- 2 RF Recover
- 3 LF step Left turning 1/4 (6:00)
- & RF step together
- 4 LF step Left turning 1/4 (3:00)
- 5 RF step Forward
- 6 LF Recover
- 7 RF turn 1/4 and big step with drag LF. (6:00)
- 8 LF touch behind the RF

Last Update: 7 Jun 2024
