

Stomping Ground

拍数: 32 墙数: 4 级数: Improver
编舞者: Chrystel Arréou (FR) - May 2024
音乐: Stomping Ground - Hayley Jensen



Intro : 8 counts

STOMP, KICK WITH ¼ TURN R, COASTER STEP, ROCK STEP, ½ TURN L & TRIPLE STEP FWD

1-2 Stomp R, Kick R with ¼ turn R 3h
3&4 Step back on R, Step L next to R, Step R fwd
5-6 Step L fwd, Recover on R
7&8 ½ turn L stepping L fwd, Step R next to L, Step L fwd 9h

STOMP, KICK, COASTER STEP, ROCK STEP, COASTER STEP

1-2 Stomp R, Kick R
3&4 Step back on R, Step L next to R, Step R fwd
5-6 Step L fwd, Recover on R
7&8 Step back on L, Step R next to L, Step L fwd

Restart on walls 4 (Start 3h/Restart 12h) & 9 (Start 12h/Restart 9h)

STEP, ½ TURN L, ½ TURN L & TRIPLE STEP BACK, COASTER STEP, STEP, STEP

1-2 Step R fwd, ½ turn L (Weight on L) 3h
3&4 ¼ turn L stepping back on R, ¼ turn L stepping L fwd, Step back on R 9h
5&6 Step back on L, Step R next to L, Step L fwd
7-8 Step R fwd, Step L fwd

Restart on walls 1 & 5 (Start 12h/Restart 9h)

SIDE ROCK, POINT SWITCHES, HEEL STOMP UP, HEEL STOMP UP, KICK BALL CHANGE

1-2& Step R to R side, Recover on L, Step R next to L
3&4 Point L to L side, Step L next to R, Point R to R side
5-6 Stomp up Heel R, Stomp up Heel R
7&8 Kick R, Step R next to L, Step L on place

Restarts :

After 24 counts on walls 1 & 5 (Start 12h/Restart 9h)

After 16 counts on walls 4 (Start 3h/Restart 12h) & 9 (Start 12h/Restart 9h)

Final : At the end of wall 11 (facing 3h), make ¼ turn L & Stomp R fwd

Bonne danse !! countryrn10@free.fr