

Ecoute

拍数: 32 墙数: 4 级数: Improver
编舞者: Om Pardi (INA) - June 2024
音乐: Ecoute (feat. Havana) - Alexandra Stan



Intro: 64 Count - No Tag – 1 Restart

SEC 1: WALK, WALK, BOTAFOGO, CROSS SHUFFLE WITH ¼ RIGHT TURN, TURN ½ RIGHT

1-2 Walk forward R (1), Walk forward L (2)
3&4 Cross R over L (3), Step L to side (&), Step R to side (4)
5&6 Cross L over R (5), Step R to side (&), Make ¼ right turn step L forward (6)
7&8 Make ¼ right turn Step R forward (7), Step L beside R (&), Make ¼ right turn step R forward (8)

SEC 2: FORWARD, TURN ½ LEFT BACK, BACK LEFT COASTER STEP, SAMBA WHISK (RIGHT, LEFT)

1-2 Step L forward (1), Make ½ left turn step R back (2)
3&4 Step L back (3), Step R next to L (&), Step L forward (4)
5&6 Step R to side (5), Cross L behind R (&), Step R in place (6)
7&8 Step L to side (7), Cross R behind L (&), Step L in place (8)

Restart here on wall 2

SEC 3: ¼ RIGHT CROSS SHUFFLE, ½ LEFT CROSS SHUFFLE, PADDLE, STOMP

1&2 Make ¼ left turn cross R over L (1), Step L to side (&), Cross R over L (2)
3&4 Make ½ left turn cross L over R (3), Step R to side (&), Cross L over R (4)
5-8 Touch R toe forward&turn ½ left (5), Step slightly R forward (6), Stomp L forward twice (7-8)

SEC 4: ¼ RIGHT JAZZ BOX, SIDE MAMBO (RIGHT, LEFT)

1-4 Cross R over L (1), Make ¼ right turn step L back (2), Step R to side (3), Step L forward (4)
5&6 Rock R to side (5), Recover on L (&), Step R next to L (6)
7&8 Rock L to side (7), Recover on R (&), Step L next to R (8)

Begin again

Restart during wall 2 after 16 counts. Dance facing 12o'clock

For more questions about this dance please contact : jsdc2009@gmail.com