

# Breaking My Heart

COPPER KNOB  
STEPSHEETS

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Lee Hamilton (SCO) & Heather Barton (SCO) - June 2024  
音乐: Breaking My Heart - Mitchell Tenpenny : (iTunes & Amazon)



**Intro: 16 Counts (approx. 11s)**

**Section 1 [1-8] Side R, Drag and Step L to Diag, Rock Back R, Recover, Diag R Lock Fwd, 1/8 R, 1/4 R**

12            Step R to R side (1), Drag L towards R then step it down next to R angling body towards R diagonal (2) 1:30  
34            Staying on diagonal rock back on R (3), Recover on L (4)  
5&6          Step fwd on R (5), Lock L behind R (&), Step fwd on R (6)  
78            Make 1/8 turn R stepping L to L side (7), Make 1/4 turn R stepping R to R side (8) 6:00

**Section 2 [9-16] Cross L, Side R, Behind-Side-Cross, Side R, Hold, Ball Side, Step With Flick**

12            Cross step L over R (1), Step R to R side (2)  
3&4          Step L behind R (3), Step R to R side (&), Cross step L over R (4)  
56            Step R to R side (5), Hold (6)  
&78          Step ball of L next to R (&), Step R to R side (7), Step L next to R and flick R out to R side (8) 6:00

**Section 3 [17-24] Cross R, 1/4 R, Shuffle 1/2 Turn R, Walk L, Walk R, L Anchor Step**

12            Cross step R over L (1), Make 1/4 turn R stepping back on L (2) 9:00  
3&4          Make 1/2 turn R stepping fwd on R (3), Step L next to R (&), Step fwd on R (4) 3:00  
56            Walk fwd L (5), Walk fwd R (6)  
7&8          Step L behind R and rock back (7), Recover on R (&), Rock back on L (8)

**Section 4 [25-32] Step R 1/4 R, Point L, 1/4 L, Sweep 1/2 L, Step R, Touch L & R Heel, Ball Step**

12            Make 1/4 turn R stepping R to R side (1), Point L to L side (2) 6:00  
3             Make 1/4 turn L transferring weight on to L (3) 3:00  
4             Keeping weight on L sweep R around making 1/2 turn L (4) 9:00  
56            Step fwd on R (5), Touch L toe behind R (6)  
&7            Step back on L (&), Touch R heel fwd (7)  
&8            Step ball of R next to L (&), Step fwd on L (8) 9:00

**RESTART - here after count 32 on WALL 3 (facing 9:00)**

**Section 5 [33-40] Step R, 1/4 R, R Sailor, Cross L, Side R, L Behind-Side-Cross**

12            Step fwd on R (1), Make 1/4 turn R stepping L to L side (2) 12:00  
3&4          Step R behind L (3), Step L to L side (&), Step R to R side (4)

**[Turning option for S5 counts 1-4: Step R, 1/2 Turn R, Shuffle 3/4 Turn R Step fwd on R (1), Make 1/2 turn R stepping back on L (2), Make 1/2 turn R stepping fwd on R (3), Make 1/4 turn R stepping L to L side (&), Step R to R side (4)]**

56            Cross step L over R (5), Step R to R side (6)  
7&8          Step L behind R (7), Step R to R side (&), Cross step L over R (8) 12:00

**Section 6 [41-48] R Side Rock, Recover, Cross R, 1/4 R, Side R, Hold, Ball Side, Step L With Knee Pop**

12            Rock R out to R side (1), Recover on L (2)  
34            Cross step R over L (3), Make 1/4 turn R stepping back on L (4) 3:00  
56            Step R to R side (5), Hold (6)  
&78          Step ball of L next to R (&), Step R to R side (7), Step L next to R and pop R knee (8) 9:00

**TAG (8 counts) – done at the end of Wall 6 facing 12:00**  
**Side R, Drag and Step L to Diag, Rock Back R, Recover**

- 12 Step R to R side (1), Drag L towards R then step it down next to R angling body towards R diagonal (2) 1:30
- 34 Staying on diagonal rock back on R (3), Recover on L (4)
- 56 Still on the diagonal step fwd on R (5), Make ½ turn L (weight on L) (6)
- 78 Still on the diagonal step fwd on R (7), Make ½ turn L (weight on L) (8)

**Straighten up to 12:00 to start the dance again**

**Have fun!**

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