

Promise (Nuo Yan / 诺言) Remix

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Yuliana Chang (INA) - June 2024
音乐: 海来阿木 - 诺言 (DJ默涵版) Lời Hứa (Remix Tiktok) - Hải Lai A Mộc || Hot Tiktok
Douyin



Tags 1 = 4C at the end of wall 3

Tags 1 : V step

1234 Step Rf to R diagonal (1), Step Lf to L diagonal (2), Step Rf back to center (3), Step Lf next to Rf (4)

Tags 2 = 8C at the end of wall 7

Tags 2 : V step, 1/2 pivot (2x)

1234 Step Rf to R diagonal (1), Step Lf to L diagonal (2), Step Rf back to center (3), Step Lf next to Rf (4)

5678 Rock Rf fwd (5), 1/2 turn L-Step Lf in place (6), Rock Rf fwd (7), 1/2 turn L-Step Lf in place (8)

Sec 1 : Side-cross R/L, grapevines

1234 Step Rf to R side (1), Touch Cross Lf over Rf (2), Step Lf to L side (3), Touch cross Rf over Lf (4)

5678 Step Rf to R side (5), Step Lf behind Rf (6), Step Rf to R side (7), Touch Lf next to Rf (8)

Sec 2 : Side-cross L/R, side-behind-1/4 turn L-fwd-brush

1234 Step Lf to L side (1), Touch cross Rf over Lf (2), Step Rf to R side (3), Touch cross Lf over Rf (4)

5678 Step L to L side (5), Step Rf behind Lf (6), 1/4 turn L- Step Lf fwd (7), Brush Rf fwd (8)

Sec 3 : K step

1234 Step Rf fwd to R diagonal (1), touch Lf next to Rf (2), Step Lf back to center (3), touch RF next to Lf (4)

5678 Step Rf backward to R diagonal (5), touch Lf next to Rf (6). Step Lf fwd to center (7), touch Rf next to Lf (8)

Sec 4 : 1/8 turn R-R fwd, 1/8 turn R-L side, 1/4 turn R-R fwd, L fwd, jazzbox

1234 1/8 turn R - Step Rf to R diagonal (1) facing 01.30, 1/8 turn R-Step Lf to L side (2) facing 3.00, 1/4 turn R- Step Rf fwd (3) facing 06.00. Step Lf fwd (4) facing 06.00

5678 Cross Rf over Lf (5), Step Lf on backwards (6), Step Rf to R side (7), Cross Lf over Rf (8)

Good Luck & Enjoy It □□□□□□□□□□

Yuliana.Chang@yahoo.com

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