

Have a Great Day

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Dustin Valcalda (USA) & Sierra Gil (USA) - June 2024
音乐: Good Day To Have A Great Day - Russell Dickerson



Intro: 16 Counts – Weight starts left foot

[1-8] Heel Switches, Touch, Side Point, Ball, Heel Switches, Touch, Side Point, Touch

- 1&2& Touch R heel forward, Ball RF, Touch L heel forward, Ball LF (12:00)
- 3&4& Touch R heel forward, touch RF next to LF, Point RF to R side, Step RF next to LF (12:00)
- 5&6& Touch L heel forward, Ball LF, Touch R heel forward, Ball RF (12:00)
- 7&8& Touch L heel forward, touch LF next to RF, Point LF to L side, Touch LF next to RF (12:00)

Note: If space permits, treat Heel Switches as Walking Heel Switches, adding slight forward movement

[9-16] Step, Touch, Step, Touch, Side Triple Step, Step, Touch, Step, Touch, Side Triple Step

- 1&2& Step LF to L side, Touch RF next to LF, Step RF to R side, Touch LF next to RF (12:00)
- 3&4& Step LF to L side, Step RF next to LF, Step LF to L Side, Touch RF next to LF (12:00)
- 5&6& Step RF to R side, Touch LF next to RF, Step LF to L side, Touch RF next to LF (12:00)
- 7&8& Step RF to R side, Step LF next to RF, Step RF to R Side, Touch LF next to RF (12:00)

[17-24] Cross Rock, 3/8 Triple Step, 1/2 Pivot Turn, Lock Step

- 1-2 Rock LF across RF, Recover weight onto RF
- 3&4 Step LF to L side w/ 1/8 turn L, Step RF next to LF w/ 1/8 turn L, Step LF to L side w/ 1/8 turn L
- 5-6 Step RF forward, Pivot 1/2 turn over L shoulder
- 7-8 Step RF forward, Lock LF behind RF, Step RF forward

Styling Note: Add a body roll to the Cross Rock (1-2) for styling.

[25-32] Step, Flick, Step, Coaster Step, Step, Lock, Step, Step, Lock Hitch, Step

- 1&2 Step LF forward, Flick RF behind L leg w/ optional heel slap, Step RF back (3:00)
- 3&4 Step LF back, Step RF next to LF, Step LF forward (3:00)
- 5&6& Step RF diagonally forward R, Lock LF behind RF, Step RF diagonally forward R, Step LF diagonally forward L (3:00)
- 7-8 Step RF behind LF while hitching L knee, Step LF forward (3:00)

Styling Note: Throw your hands up on count 7 during the hitch like you're having a great day!

Note: Hitch on count 7 can be replaced with a knee pop for simplicity.

Note: Step, Flick, Step (1&2) can be replaced with a basic Rock Step (1-2) for simplicity.

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