

Down in MIA

拍数: 32 墙数: 4 级数: Beginner
编舞者: Dan Albro (USA) - 31 May 2024
音乐: MIA Down In MIA - George Strait



Choreographed in Le Havre, France: Especially for "Dream On Country"

Intro: 16 count intro (*one easy restart facing 12:00)

[1-8] SIDE, TOGETHER, SHUFFLE FWD, ROCKING CHAIR

1,2,3&4 Step side R, step L next to R, step fwd R, step L next to R, step fwd R
5,6,7,8 Rock fwd L, replace R, rock back L, replace R

[9-16] SIDE, TOGETHER, SHUFFLE BACK, ROCK BACK, REPLACE, STEP, ½ PIVOT

1,2,3&4 Step side L, step R next to L, step back L, step R next to L, step back L
5,6,7,8 Rock back R, replace L, step fwd R, pivot ½ left (weight L) 6:00

* Restart here: Wall 7 (facing 12:00)

Optional ending: Wall 12 (facing 12:00) Replace counts 9-16 with:

Side, together, side, together, side, cha, cha, cha

[17-24] CROSS, POINT, ROCK, REPLACE, SWAY, SWAY, SWAY, SWAY

1,2,3,4 Cross step R over L, touch R toe side, rock fwd L, replace R
5,6,7,8 Step side L sway hips left, sway hips right, sway hips left, sway hips right

[25-32] CROSS ROCK, REPLACE, SHUFFLE ¼ TURN, STEP, ½ PIVOT, WALK, WALK

1,2 Cross rock L over R, replace R
3&4 Step side L, step R next to L, turn ¼ left stepping fwd L 3:00
5,6,7,8 Step fwd R, pivot ½ left (weight L), step fwd R, step fwd L 9:00