Modern Cinderella



拍数: 48 墙数: 2 级数: Phrased Improver

编舞者: Lenka Hecklová (CZ) - May 2024

音乐: 3 Haselnüsse - Jaques Raupé & Felix Harrer



Intro: 48 counts from the first beat in music (app. 19 seconds into track) Sequence: A, A, B, A, A, B, B, A, A*, B, A, A, B

Part			α	^ -	
Рап	4	-	.5/	t .ni	inte

1-8	Kick R diagonally L forward, kick R diagonally R back 4x
1,2	Hop on L and kick R diagonally L forward, Hop on L and kick R diagonally R back 12:00
3,4	Hop on L and kick R diagonally L forward, Hop on L and kick R diagonally R back 12:00
5,6	Hop on L and kick R diagonally L forward, Hop on L and kick R diagonally R back 12:00

5,6 Hop on L and kick R diagonally L forward, Hop on L and kick R diagonally R back 12:00 7,8 Hop on L and kick R diagonally L forward, Hop on L and kick R diagonally R back 12:00

[9-16] Step R side, step L behind, jump out, jump in, L step side, hitch L, slide R, step L together

1,2 Step R to R side, step L behind R 12:00

3,4 Jump out, jump together 12:00

5,6& Step L to L side (5), step R next to L and hitch L (6), step L together (&) 12:00

7,8& Slide R to R side (7), drag L together (8), step L next to R and change weight on L(&) 12:00

Restart Here on wall 9 (12:00) and start with part B

17-24	½ turn	iazz	box with	a heel.	Dorothy	step 2x
11 47	/2 tuili	uZZ	DOX WILL	ı a nccı,		JICP ZA

1-4 Step R with heel cross L, Turn ¼ L and step L back, turn ¼ step R to R side, step L across R

6:00

5,6& Step R diagonally R forward, step L behind R, Step R diagonally R forward 6:00
7,8& Step L diagonally L forward, Step R behind L, Step L diagonally L forward 6:00

[25-32] Step out out forward, step in in back, step out out back, step in in forward

1-4 Step R diagonally forward, step L out, step R back, step L next to R 6:00

5-8 Step out on R heel R diagonally forward, step out on L heel L side, step R back in, step L

next to L 6:00

Option:

3,4 Instead of step R back and step L together, you can do full turn R

Part B: 16 Counts

[1-8] Walk in a circle full turn R

1-4 Step R forward 1/8 R, step L forward 1/8 R, step R forward 1/8 R, step L forward 1/8 R - 6:00

5-8 Step R forward 1/8 R, step L forward 1/8 R, step R forward 1/8 R, step L forward 1/8 R -

12:00

Option:

1-8 Instead of single walk circle, you can make a big circle with co-dancers, then face the wall

where you finished part A

[9-16] Rock-step R and L, Turn 1 ½ L, jump

1,2& Step R forward (1), recover weight on L (2), step R next to L and change weight on R (&)

12:00

3,4 Step L forward, recover weight on R 12:00

5&6 Turn ½ L and step L forward (5), turn ½ L and step R back (&), turn ½ L and step L forward

(6) 6:00

7,8 Step R together (7), jump (8) 6:00

